

Mike Langlois, LICSW
872 Massachusetts Ave.
Cambridge, MA 02139
(617) 776-3409
mike@mikelanglois.com

Online Therapy References

- Aardoom, J. J., Dingemans, A. E., Spinhoven, P., & Van Furth, E. F. (2013). Treating eating disorders over the internet: a systematic review and future research directions. *The International Journal of Eating Disorders*, 46(6), 539–552.
<https://doi.org/10.1002/eat.22135>
- Abbott, J., Klein, B., & Ciechomski, L. (2008). A. M., & Best practices in online therapy. *Journal of Technology in Human Services*, 26, 360–375.
- Abney, P. C., & Maddux, C. D. (2004). Counseling and technology: Some thoughts about the controversy. *Journal of Technology in Human Services*, 22, 1–24.
- Abroms, L. J., Gill, J., Windsor, R., & Simon-Morton, B. (2009). A process evaluation of e-mail counseling for smoking cessation in college students: Feasibility, acceptability and cost. *Journal of Smoking Cessation*, 4, 26–33.
- Adelman, C. B., Panza, K. E., Bartley, C. A., Bontempo, A., & Bloch, M. H. (2014). A meta-analysis of computerized cognitive-behavioral therapy for the treatment of DSM-5 anxiety disorders. *The Journal of Clinical Psychiatry*, 75(7), e695-704.
<https://doi.org/10.4088/JCP.13r08894>
- Adeola, E. O., In, B. I., & Hershey, P. A. (2012). The challenges of online counseling in a developing country. *Popoola and O F Adebowale Eds Online Guidance and Counseling Toward Effectively Applying Technology Pp Information Science Reference*, 190–199.
- Adeyemo, W. L., Rabiou, K. A., Okoturo, T. M., Adebajo, A. A., Adewunmi, A. A., & Adeyemi, M. O. (2012). Orofacial injuries associated with eclampsia in patients presenting at a Nigerian Tertiary Hospital. *Journal of Obstetrics and Gynaecology : The Journal of the Institute of Obstetrics and Gynaecology*, 32(1), 54–57.
<https://doi.org/10.3109/01443615.2011.613495>
- Agrawal, V. (2007). Podcasts for psychiatrists: A new way of learning. *Psychiatric Bulletin*, 31, 270–271.
- Ainsworth, M., & In, R. C. (2002). *My life as an e-patient*.
- Ajie, W. N., & Chapman-Novakofski, K. M. (2014). Impact of computer-mediated, obesity-related nutrition education interventions for adolescents: a systematic review. *The Journal of Adolescent Health : Official Publication of the Society for Adolescent Medicine*, 54(6), 631–645. <https://doi.org/10.1016/j.jadohealth.2013.12.019>

- Alcañiz, M., Botella, C., Baños, R. M., Zaragoza, I., & Guixeres, J. (2009). The Intelligent e-Therapy system: a new paradigm for telepsychology and cybertherapy. *British Journal of Guidance & Counselling*, 37(3), 287–296. <https://doi.org/10.1080/03069880902957015>
- Alcañiz, M., Botella, C., Baños, R., Perpiñá, C., Rey, B., Lozano, J. A., ... Gil, J. A. (2003). Internet-based telehealth system for the treatment of agoraphobia. *Cyberpsychology & Behavior: The Impact of the Internet, Multimedia and Virtual Reality on Behavior and Society*, 6(4), 355–358. <https://doi.org/10.1089/109493103322278727>
- Alemi, F., Haack, M. R., Dill, R., & Harge, A. (2005). Engaging Client's Family and Friends in Online Counseling. *Journal of Addictions Nursing*, 16(1), 47–55. <https://doi.org/10.1080/10884600590917192>
- Ali, L., Krevers, B., Sjöström, N., & Skärsäter, I. (2014). Effectiveness of web-based versus folder support interventions for young informal carers of persons with mental illness: a randomized controlled trial. *Patient Education and Counseling*, 94(3), 362–371. <https://doi.org/10.1016/j.pec.2013.10.020>
- Alleman, J. R. (2002). Online counseling: The Internet and mental health treatment. *Psychotherapy Theory Research Practice Training*, 39, 199–209.
- Allen, J., Annells, M., Nunn, R., Petrie, E., Clark, E., Lang, L., & Robins, A. (2011). Evaluation of effectiveness and satisfaction outcomes of a mental health screening and referral clinical pathway for community nursing care. *Journal of Psychiatric and Mental Health Nursing*, 18(5), 375–385. <https://doi.org/10.1111/j.1365-2850.2010.01688.x>
- Allen, J. K., Stephens, J., & Patel, A. (2014). Technology-assisted weight management interventions: systematic review of clinical trials. *Telemedicine Journal and E-Health: The Official Journal of the American Telemedicine Association*, 20(12), 1103–1120. <https://doi.org/10.1089/tmj.2014.0030>
- Almlöv, J., Carlbring, P., Källqvist, K., Paxling, B., Cuijpers, P., & Andersson, G. (2011). Therapist effects in guided internet-delivered CBT for anxiety disorders. *Behavioural and Cognitive Psychotherapy*, 39(3), 311–322. <https://doi.org/10.1017/S135246581000069X>
- Alsina-Jurnet, I., & Maldonado, J. (2011). Gutirrés- & Rangel-Gómez, M.-V. . The role of presence in the level of anxiety experienced in clinical virtual environments. *Computers in Human Behavior*, 27, 504–512.
- Alvarez-Jimenez, M., Bendall, S., Lederman, R., Wadley, G., Chinnery, G., Vargas, S., ... Gleeson, J. F. (2013). On the HORYZON: moderated online social therapy for long-term recovery in first episode psychosis. *Schizophrenia Research*, 143(1), 143–149. <https://doi.org/10.1016/j.schres.2012.10.009>

- Alvarez-Jimenez, M., Gleeson, J. F., Bendall, S., Lederman, R., Wadley, G., Killackey, E., & McGorry, P. D. (2012). Internet-based interventions for psychosis: A sneak-peek into the future. *Psychiatric Clinics of North America*, *35*, 735–747.
- Alvarez-Jimenez, M., & Gleeson, J. F. (2012). Connecting the dots: twenty-first century technologies to tackle twenty-first century challenges in early intervention. *The Australian and New Zealand Journal of Psychiatry*, *46*(12), 1194–1196.
<https://doi.org/10.1177/0004867412464067>
- Ambwani, S., Thomas, K. M., Hopwood, C. J., Moss, S. A., & Grilo, C. M. (2014). Obesity stigmatization as the status quo: structural considerations and prevalence among young adults in the U.S. *Eating Behaviors*, *15*(3), 366–370.
<https://doi.org/10.1016/j.eatbeh.2014.04.005>
- Amichai-Hamburger, Y., Klomek, A. B., Friedman, D., Zuckerman, O., & Shani-Sherman, T. (2014). The future of online therapy. *Computers in Human Behavior*, *41*, 288–294.
<https://doi.org/10.1016/j.chb.2014.09.016>
- Amichai-Hamburger, Y., Klomek, A. B., Friedman, D., Zuckerman, O., Shani-Sherman, T., Anderson, K. N., ... Maercker, A. (2014). Internet-based support programs to alleviate psychosocial and physical symptoms in cancer patients: A literature analysis. *Nature and Science of Sleep*, *41*(5), 26–37. <https://doi.org/10.1016/j.chb.2014.09.016>
- Amstadter, A. B., Broman-Fulks, J., Zinzow, H., Ruggiero, K. J., & Cercone, J. (2009). Internet-based interventions for traumatic stress-related mental health problems: a review and suggestion for future research. *Clinical Psychology Review*, *29*(5), 410–420.
<https://doi.org/10.1016/j.cpr.2009.04.001>
- An, L. C., Klatt, C., Perry, C. L., Lein, E. B., Hennrikus, D. J., Pallonen, U. E., ... Ehlinger, E. P. (2008). The RealU online cessation intervention for college smokers: a randomized controlled trial. *Preventive Medicine*, *47*(2), 194–199.
<https://doi.org/10.1016/j.ypmed.2008.04.011>
- Andersen, A. J. W., & Svensson, T. (2013). Internet-based mental health services in Norway and Sweden: characteristics and consequences. *Administration and Policy in Mental Health*, *40*(2), 145–153. <https://doi.org/10.1007/s10488-011-0388-2>
- Andersen, R. C., Shawen, S. B., Kragh, J. F., Lebrun, C. T., Ficke, J. R., Bosse, M. J., ... Extremity War Injuries VII Special Topics Panel. (2012). Special topics. *The Journal of the American Academy of Orthopaedic Surgeons*, *20 Suppl 1*, S94–8.
<https://doi.org/10.5435/JAAOS-20-08-S94>
- Anderson, K. N., Goldsmith, P., & Gardiner, A. (2014). A pilot evaluation of an online cognitive behavioral therapy for insomnia disorder – targeted screening and interactive Web design lead to improved sleep in a community population. *Nature and Science of Sleep*, *6*, 43–49.
<https://doi.org/10.2147/NSS.S57852>

- Andersson, C., Lyass, A., Larson, M. G., Spartano, N. L., Vita, J. A., Benjamin, E. J., ... Vasan, R. S. (2015). Physical activity measured by accelerometry and its associations with cardiac structure and vascular function in young and middle-aged adults. *Journal of the American Heart Association*, 4(3), e001528. <https://doi.org/10.1161/JAHA.114.001528>
- Andersson, E., Enander, J., Andréén, P., Hedman, E., Ljótsson, B., Hursti, T., ... Rück, C. (2012). Internet-based cognitive behaviour therapy for obsessive-compulsive disorder: a randomized controlled trial. *Psychological Medicine*, 42(10), 2193–2203. <https://doi.org/10.1017/S0033291712000244>
- Andersson, E., Steneby, S., Karlsson, K., Ljótsson, B., Hedman, E., Enander, J., ... Rück, C. (2014). Long-term efficacy of Internet-based cognitive behavior therapy for obsessive-compulsive disorder with or without booster: a randomized controlled trial. *Psychological Medicine*, 44(13), 2877–2887. <https://doi.org/10.1017/S0033291714000543>
- Andersson, G., Carlbring, P., Kaldø, V., Cuijpers, P., Internet-based, C. B. T., Kavanaugh, B., ... Christensen, K. M. (2010). *Challenges and potential solutions in integrating interventions into specialist services*.
- Andersson, G., Sarkohi, A., Karlsson, J., Bjarehed, J., & Hesser, H. (2013). Effects of two forms of Internet-delivered cognitive behaviour therapy for depression on future thinking. *Cognitive Therapy and Research*, 37, 29–34.
- Andersson, G. (2012). Guided internet treatment for anxiety disorders. As effective as face-to-face therapies? *Studies in Health Technology and Informatics*, 181, 3–7. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=22954817&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Andersson, G. (2006). Internet-based cognitive-behavioral self help for depression. *Expert Review of Neurotherapeutics*, 6(11), 1637–1642. <https://doi.org/10.1586/14737175.6.11.1637>
- Andersson, G. (2016). Internet-Delivered Psychological Treatments. *Annual Review of Clinical Psychology*, 12(1), 157–179. <https://doi.org/10.1146/annurev-clinpsy-021815-093006>
- Andersson, G. (2009). Using the Internet to provide cognitive behaviour therapy. *Behaviour Research and Therapy*, 47(3), 175–180. <https://doi.org/10.1016/j.brat.2009.01.010>
- Andersson, G., Bergström, J., Carlbring, P., & Lindefors, N. (2005). The use of the Internet in the treatment of anxiety disorders. *Current Opinion in Psychiatry*, 18(1), 73–77. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=Related

Articles&IdsFromResult=16639187&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.
Pubmed_ResultsPanel.Pubmed_RVDocSum

- Andersson, G., Bergström, J., Holländare, F., Carlbring, P., Kaldø, V., & Ekselius, L. (2005). Internet-based self-help for depression: randomised controlled trial. *The British Journal of Psychiatry : The Journal of Mental Science*, *187*, 456–461. <https://doi.org/10.1192/bjp.187.5.456>
- Andersson, G., & Carlbring, P. (2009). Commentary on Berger, Hohl, and Caspar's (2009) Internet-based treatment for social phobia: a randomized controlled trial. *Journal of Clinical Psychology*, *65*(10), 1036–1038. <https://doi.org/10.1002/jclp.20617>
- Andersson, G., & Carlbring, P. (2003). Internet and cognitive behaviour therapy: new opportunities for treatment and assessment. *Cognitive Behaviour Therapy*, *32*(3), 97–99. <https://doi.org/10.1080/16506070302315>
- Andersson, G., Carlbring, P., Berger, T., Almlöv, J., & Cuijpers, P. (2009). What makes Internet therapy work? *Cognitive Behaviour Therapy*, *38 Suppl 1*, 55–60. <https://doi.org/10.1080/16506070902916400>
- Andersson, G., Carlbring, P., Holmström, A., Sparthán, E., Furmark, T., Nilsson-Ihrfelt, E., ... Ekselius, L. (2006). Internet-based self-help with therapist feedback and in vivo group exposure for social phobia: a randomized controlled trial. *Journal of Consulting and Clinical Psychology*, *74*(4), 677–686. <https://doi.org/10.1037/0022-006X.74.4.677>
- Andersson, G., Carlbring, P., Kaldø, V., & Ström, L. (2004). Screening of psychiatric disorders via the Internet. A pilot study with tinnitus patients. *Nordic Journal of Psychiatry*, *58*(4), 287–291. <https://doi.org/10.1080/08039480410005792>
- Andersson, G., & Cuijpers, P. (2009). Internet-based and other computerized psychological treatments for adult depression: a meta-analysis. *Cognitive Behaviour Therapy*, *38*(4), 196–205. <https://doi.org/10.1080/16506070903318960>
- Andersson, G., & Cuijpers, P. (2008). Pros and cons of online cognitive-behavioural therapy. *The British Journal of Psychiatry : The Journal of Mental Science*, *193*(4), 270–271. <https://doi.org/10.1192/bjp.bp.108.054080>
- Andersson, G., Cuijpers, P., Carlbring, P., Riper, H., & Hedman, E. (2014). Guided Internet-based vs. face-to-face cognitive behavior therapy for psychiatric and somatic disorders: a systematic review and meta-analysis. *World Psychiatry : Official Journal of the World Psychiatric Association (WPA)*, *13*(3), 288–295. <https://doi.org/10.1002/wps.20151>
- Andersson, G., Estling, F., Jakobsson, E., Cuijpers, P., & Carlbring, P. (2011). Can the patient decide which modules to endorse? An open trial of tailored internet treatment of anxiety disorders. *Cognitive Behaviour Therapy*, *40*(1), 57–64. <https://doi.org/10.1080/16506073.2010.529457>

- Andersson, G., Hesser, H., Hummerdal, D., Bergman-Nordgren, L., & Carlbring, P. (2013). A 3.5-year follow-up of Internet-delivered cognitive behavior therapy for major depression. *Journal of Mental Health (Abingdon, England)*, 22(2), 155–164. <https://doi.org/10.3109/09638237.2011.608747>
- Andersson, G., Hesser, H., Veilord, A., Svedling, L., Andersson, F., Sleman, O., ... Carlbring, P. (2013). Randomised controlled non-inferiority trial with 3-year follow-up of internet-delivered versus face-to-face group cognitive behavioural therapy for depression. *Journal of Affective Disorders*, 151(3), 986–994. <https://doi.org/10.1016/j.jad.2013.08.022>
- Andersson, G., & Kaldø, V. (2004). Internet-based cognitive behavioral therapy for tinnitus. *Journal of Clinical Psychology*, 60(2), 171–178. <https://doi.org/10.1002/jclp.10243>
- Andersson, G., Ljótsson, B., & Weise, C. (2011). Internet-delivered treatment to promote health. *Current Opinion in Psychiatry*, 24(2), 168–172. <https://doi.org/10.1097/YCO.0b013e3283438028>
- Andersson, G., Lundström, P., & Ström, L. (2003). Internet-based treatment of headache: does telephone contact add anything? *Headache*, 43(4), 353–361. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=12656706&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Andersson, G., Paxling, B., Roch-Norlund, P., Östman, G., Norgren, A., Almlöv, J., ... Silverberg, F. (2012). Internet-based psychodynamic versus cognitive behavioral guided self-help for generalized anxiety disorder: a randomized controlled trial. *Psychotherapy and Psychosomatics*, 81(6), 344–355. <https://doi.org/10.1159/000339371>
- Andersson, G., Strömberg, T., Ström, L., & Lyttkens, L. (2002). Randomized controlled trial of internet-based cognitive behavior therapy for distress associated with tinnitus. *Psychosomatic Medicine*, 64(5), 810–816. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=12271112&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Andersson, G., & Titov, N. (2014). Advantages and limitations of Internet-based interventions for common mental disorders. *World Psychiatry : Official Journal of the World Psychiatric Association (WPA)*, 13(1), 4–11. <https://doi.org/10.1002/wps.20083>
- Andersson, G., Waara, J., Jonsson, U., Malmaeus, F., Carlbring, P., & Ost, L.-G. (2009). Internet-based self-help versus one-session exposure in the treatment of spider phobia: a randomized controlled trial. *Cognitive Behaviour Therapy*, 38(2), 114–120. <https://doi.org/10.1080/16506070902931326>

- Andersson, G., Waara, J., Jonsson, U., Malmaeus, F., Carlbring, P., & Ost, L.-G. (2013). Internet-based exposure treatment versus one-session exposure treatment of snake phobia: a randomized controlled trial. *Cognitive Behaviour Therapy*, 42(4), 284–291. <https://doi.org/10.1080/16506073.2013.844202>
- Andersson, H., Ekblom, B., & Krustup, P. (2008). Elite football on artificial turf versus natural grass: movement patterns, technical standards, and player impressions. *Journal of Sports Sciences*, 26(2), 113–122. <https://doi.org/10.1080/02640410701422076>
- Andersson, L. (2008). Patient self-evaluation of intra-oral bone grafting treatment to the maxillary frontal region. *Dental Traumatology : Official Publication of International Association for Dental Traumatology*, 24(2), 164–169. <https://doi.org/10.1111/j.1600-9657.2007.00521.x>
- Andrews, G., Davies, M., & Titov, N. (2011). Effectiveness randomized controlled trial of face to face versus Internet cognitive behaviour therapy for social phobia. *The Australian and New Zealand Journal of Psychiatry*, 45(4), 337–340. <https://doi.org/10.3109/00048674.2010.538840>
- Andrews, G., & Titov, N. (2010). Is internet treatment for depressive and anxiety disorders ready for prime time? *The Medical Journal of Australia*, 192(11 Suppl), S45-7. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=20528709&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Andrews, G., & Williams, A. D. (2014). Internet psychotherapy and the future of personalized treatment. *Depression and Anxiety*, 31(11), 912–915. <https://doi.org/10.1002/da.22302>
- Anthony, D. (2003). Changing the nature of physician referral relationships in the US: the impact of managed care. *Social Science & Medicine* (1982), 56(10), 2033–2044. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=12697195&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Anthony, F. J., Baker, K. B., Miller, D. J. S., Young, R. C., Baird, J. H., Evans, G. R. E., ... Scott, A. (2004). Standards for international trade. *The Veterinary Record*, 155(21), 683. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=15581148&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Anthony, K. (2015). Training therapists to work effectively online and offline within digital culture. *British Journal of Guidance Counselling*, 43, 36–42.

- Anthony, K. (2015). Psychoanalysis online: Mental health, teletherapy, and training. *British Journal of Guidance Counselling*, 43, 171–182.
- Anthony, K. (2000). Counselling in Cyberspace. *Counselling Journal*, 11, 625–627.
- Anthony, K. (2001). Online relationships and cyberinfidelity-implications for practitioners. *Counselling Journal*, 12(9), 38–39.
- Anthony, K., & BACP, . (2005). Counselling problem gamblers online. *And Psychotherapy Journal*, 16, 9–10.
- Anthony, K., Goss, S., In, D., & London, U. K. (2003). *Ethical thinking in online therapy*.
- Anthony, K., In, C., The, S., & London, U. K. (2006). Electronically delivered therapies. *Feltham I Horton Eds Handbook of Counselling and Psychotherapy Pp Sage*, 518–523.
- Anthony, K., Jung, A., Rosenauer, D., Nagel, D. M., & Goss, S. (2009). Interview with Audrey Jung, President of the International Society for Mental Health Online (ISMHO), presented at the online counselling and therapy in action conference, 25 april . *British Journal of Guidance Counsellinvg*, 8, 483–494.
- Antonacci, D. J., Bloch, R. M., Saeed, S. A., Yildirim, Y., & Talley, J. (2008). Empirical evidence on the use and effectiveness of telepsychiatry via videoconferencing: implications for forensic and correctional psychiatry. *Behavioral Sciences & the Law*, 26(3), 253–269. <https://doi.org/10.1002/bsl.812>
- Appelbaum, P. S., & Kopelman, A. (2014). Social media’s challenges for psychiatry. *World Psychiatry : Official Journal of the World Psychiatric Association (WPA)*, 13(1), 21–23. <https://doi.org/10.1002/wps.20085>
- Archer, N., Keshavjee, K., Demers, C., & Lee, R. (2014). Online self-management interventions for chronically ill patients: cognitive impairment and technology issues. *International Journal of Medical Informatics*, 83(4), 264–272. <https://doi.org/10.1016/j.ijmedinf.2014.01.005>
- Arpin-Cribbie, C., Irvine, J., & Ritvo, P. (2012). Web-based cognitive-behavioral therapy for perfectionism: a randomized controlled trial. *Psychotherapy Research : Journal of the Society for Psychotherapy Research*, 22(2), 194–207. <https://doi.org/10.1080/10503307.2011.637242>
- Aschbrenner, K., Mueser, K., Naslund, J., Gorin, A., Zawacki, S., Pratt, S., ... Bartels, S. (2017). Facilitating Partner Support for Lifestyle Change Among Adults with Serious Mental Illness: A Feasibility Pilot Study. *Community Mental Health Journal*, 53(4), 394–404. <https://doi.org/10.1007/s10597-017-0100-4>

- Atack, L., Luke, R., & Chien, E. (2008). Evaluation of patient satisfaction with tailored online patient education information. *Computers, Informatics, Nursing : CIN*, 26(5), 258–264. <https://doi.org/10.1097/01.NCN.0000304838.52207.90>
- Atkinson, N. L., & Gold, R. S. (2002). The promise and challenge of eHealth interventions. *American Journal of Health Behavior*, 26(6), 494–503. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=12437024&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Atkinson, S., & Ayers, A. (2010). The potential of the internet for alternative caring practices for health. *Anthropology & Medicine*, 17(1), 75–86. <https://doi.org/10.1080/13648470903572366>
- Baggett, K. M., Davis, B., Feil, E. G., Sheeber, L. B., Landry, S. H., Carta, J. J., & Leve, C. (2010). Technologies for expanding the reach of evidence-based interventions: Preliminary results for promoting social-emotional development in early childhood. *Topics in Early Childhood Special Education*, 29(4), 226–238. <https://doi.org/10.1177/0271121409354782>
- Bai, Y. M., Lin, C. C., & Chen, J. Y. (2001). Internet addiction disorder among clients of a virtual clinic. *Psychiatric Services* 1397, 25.
- Bai, Y. M., Lin, C. C., Chen, J. Y., & Liu, W. C. (2001). Virtual psychiatric clinics. *The American Journal of Psychiatry*, 158(7), 1160–1161. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=11431247&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Baikie, K. A., Geerligs, L., & Wilhelm, K. (2012). Expressive writing and positive writing for participants with mood disorders: an online randomized controlled trial. *Journal of Affective Disorders*, 136(3), 310–319. <https://doi.org/10.1016/j.jad.2011.11.032>
- Baily, R., Yager, J., & Jensen, J. (2002). The psychiatrist as clinical computerologist in the treatment of adolescents: Old barks in new bytes. *American Journal of Psychiatry*, 159, 1298–1304.
- Bakke, B., Mitchell, J., Wonderlich, S., & Erickson, R. (2001). Administering cognitive-behavioral therapy for bulimia nervosa via telemedicine in rural settings. *The International Journal of Eating Disorders*, 30(4), 454–457. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=11746307&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum

- Balachandra, K. (2004). Re: The internet's impact on the practice of psychiatry. *Canadian Journal of Psychiatry. Revue Canadienne de Psychiatrie*, 49(12), 866; author reply 866. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=15679216&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Balmford, J., Borland, R., Benda, P., & Howard, S. (2013). Factors associated with use of automated smoking cessation interventions: findings from the eQuit study. *Health Education Research*, 28(2), 288–299. <https://doi.org/10.1093/her/cys104>
- Balmford, J., Borland, R., Li, L., & Ferretter, I. (2009). Usage of an Internet smoking cessation resource: the Australian QuitCoach. *Drug and Alcohol Review*, 28(1), 66–72. <https://doi.org/10.1111/j.1465-3362.2008.00009.x>
- Baloglu, G., Haholu, A., Kucukodaci, Z., Yilmaz, I., Yildirim, S., & Baloglu, H. (2008). The effects of tissue fixation alternatives on DNA content: a study on normal colon tissue. *Applied Immunohistochemistry & Molecular Morphology : AIMM / Official Publication of the Society for Applied Immunohistochemistry*, 16(5), 485–492. <https://doi.org/10.1097/PAI.0b013e31815dffa6>
- Baltimore, M. L. (2000). Ethical considerations in the use of technology in marriage and family therapy. *The Family Journal Counseling and Therapy for Couples and Families*, 8, 390–393.
- Bambling, M., King, R., Reid, W., & Wegner, K. (2008). Online counselling: The experience of counsellors providing synchronous single-session counselling to young people. *Counselling and Psychotherapy Research*, 8, 110–116.
- Bandawar, M., Narasimha, V., & Chand, P. (2018). Use of digital technology in addiction disorders.(Review Article)(Report). *Indian Journal of Psychiatry*, 60(8), 534. https://doi.org/10.4103/psychiatry.IndianJPsychiatry_21_18
- Banegas, M. P., McClure, J. B., Barlow, W. E., Ubel, P. A., Smith, D. M., Zikmund-Fisher, B. J., ... Fagerlin, A. (2013). Results from a randomized trial of a web-based, tailored decision aid for women at high risk for breast cancer. *Patient Education and Counseling*, 91(3), 364–371. <https://doi.org/10.1016/j.pec.2012.12.014>
- Barak, A. (2007). Emotional support and suicide prevention through the Internet: A field project report. *Computers in Human Behavior*, 23, 971–984.
- Barak, A. (1999). Psychological applications on the Internet: A discipline on the threshold of a new millennium. *Applied and Preventive Psychology*, 8, 231–246.

- Barak, A., Hen, L., Boniel-Nissim, M., & Shapira, N. (2008). A comprehensive review and a meta-analysis of the effectiveness of Internet-based psychotherapeutic interventions. *Journal of Technology in Human Services, 26*, 109–160.
- Barak, A., In, C. E., & Diego, C. A. (2004). *Internet counseling*.
- Barak, A., & Bloch, N. (2006). Factors related to perceived helpfulness in supporting highly distressed individuals through an online support chat. *Cyberpsychology & Behavior: The Impact of the Internet, Multimedia and Virtual Reality on Behavior and Society, 9*(1), 60–68. <https://doi.org/10.1089/cpb.2006.9.60>
- Barak, A., & Grohol, J. M. (2011). Current and Future Trends in Internet-Supported Mental Health Interventions. *Journal of Technology in Human Services, 29*(3), 155–196. <https://doi.org/10.1080/15228835.2011.616939>
- Barak, A., Klein, B., & Proudfoot, J. G. (2009). Defining internet-supported therapeutic interventions. *Annals of Behavioral Medicine: A Publication of the Society of Behavioral Medicine, 38*(1), 4–17. <https://doi.org/10.1007/s12160-009-9130-7>
- Barak, S., Riskin, A., Kugelman, A., Abend-Weinger, M., Chistyakov, I., & Bader, D. (2005). Necrotizing enterocolitis in a premature infant as the presenting symptom of familial dysautonomia in the neonatal period: case report and review of the literature. *American Journal of Perinatology, 22*(7), 353–355. <https://doi.org/10.1055/s-2005-871525>
- Barnes, C., Harvey, R., Mitchell, P., Smith, M., & Wilhelm, K. (2007). Evaluation of an online relapse prevention program for bipolar disorder: An overview of the aims and methodology of a randomized controlled trial. *Disease Management and Health Outcomes, 15*, 215–224.
- Barnes, C. W., Hadzi-Pavlovic, D., Wilhelm, K., & Mitchell, P. B. (2015). A web-based preventive intervention program for bipolar disorder: outcome of a 12-months randomized controlled trial. *Journal of Affective Disorders, 174*, 485–492. <https://doi.org/10.1016/j.jad.2014.11.038>
- Barnes, N. (2006). Anorexia and bulimia: Information from the Internet. *Journal of Consumer Health on the Internet, 10*, 47–56.
- Barnett, J. E. (2005). Online counseling: New entity, new challenges. *The Counseling Psychologist, 33*, 872–880.
- Barnett, J. E., & Scheetz, K. (2003). Technological advances and telehealth: Ethics, law, and the practice of psychotherapy. *Psychotherapy Theory Research Practice Training, 40*, 86–93.
- Barnett, J. E. (2011). Utilizing technological innovations to enhance psychotherapy supervision, training, and outcomes. *Psychotherapy (Chicago, Ill.), 48*(2), 103–108. <https://doi.org/10.1037/a0023381>

- Barnett, R., & Malcolm, L. (2010). Practice and ethnic variations in avoidable hospital admission rates in Christchurch, New Zealand. *Health & Place, 16*(2), 199–208.
<https://doi.org/10.1016/j.healthplace.2009.09.010>
- Barrera, A. Z., Pérez-Stable, E. J., Delucchi, K. L., & Muñoz, R. F. (2009). Global reach of an Internet smoking cessation intervention among Spanish- and English-speaking smokers from 157 countries. *International Journal of Environmental Research and Public Health, 6*(3), 927–940. <https://doi.org/10.3390/ijerph6030927>
- Barrett, M. S., & Gershkovich, M. (2014). Computers and psychotherapy: are we out of a job? *Psychotherapy (Chicago, Ill.), 51*(2), 220–223. <https://doi.org/10.1037/a0032408>
- Bass, S. B. (2003). How will Internet use affect the patient? A review of computer network and closed Internet-based system studies and the implications in understanding how the use of the Internet affects patient populations. *Journal of Health Psychology, 8*, 25–38.
- Baumeister, H., Reichler, L., Munzinger, M., & Lin, J. (2014). The impact of guidance on Internet-based mental health interventions — A systematic review. *Internet Interventions - The Application of Information Technology in Mental and Behavioural, 1*(4), 205–215.
<https://doi.org/10.1016/j.invent.2014.08.003>
- Bee, P. E., Bower, P., Lovell, K., Gilbody, S., Richards, D., Gask, L., & Roach, P. (2008). Psychotherapy mediated by remote communication technologies: a meta-analytic review.(Research article). *BMC Psychiatry, 8*(60), 60.
- Blanken, I., Leusink, P., Van Diest, S., Gijs, L., & Van Lankveld, J. J. D. M. (2015). Outcome Predictors of Internet-Based Brief Sex Therapy for Sexual Dysfunctions in Heterosexual Men. *Journal of Sex & Marital Therapy, 41*(5), 531–543.
<https://doi.org/10.1080/0092623X.2014.931317>
- Bolton, A., & Dorstyn, D. (2015). Telepsychology for Posttraumatic Stress Disorder: A systematic review. *Journal of Telemedicine and Telecare; J.Telemed.Telecare.*
<https://doi.org/10.1177/1357633X15571996>
- Bouma, G., Admiraal, J. M., de Vries, E. G. E., Schröder, C. P., Walenkamp, A. M. E., Reyners, A. K. L., ... Reyners, A. K. L. (2015). Internet-based support programs to alleviate psychosocial and physical symptoms in cancer patients: A literature analysis. *Critical Reviews in Oncology/Hematology, 95*(1), 26–37.
<https://doi.org/10.1016/j.critrevonc.2015.01.011>
- Bradford, S., & Rickwood, D. (2014). Adolescent's preferred modes of delivery for mental health services. *Child and Adolescent Mental Health, 19*(1), 39–45.
<https://doi.org/10.1111/camh.12002>
- Brown, J., & Wissow, L. (2012). Rethinking the Mental Health Treatment Skills of Primary Care Staff: A Framework for Training and Research. *Administration and Policy in Mental Health*

and Mental Health Services Research, 39(6), 489–502. <https://doi.org/10.1007/s10488-011-0373-9>

- Bruno, R., & Abbott, J.-A. M. (2015). Australian Health Professionals' Attitudes Toward and Frequency of Use of Internet Supported Psychological Interventions. *International Journal of Mental Health*, 44(1–2), 107–123. <https://doi.org/10.1080/00207411.2015.1009784>
- Callahan, A., & Inckle, K. (2012). Cybertherapy or psychobabble? A mixed methods study of online emotional support. *British Journal of Guidance & Counselling*, 40(3), 261–278. <https://doi.org/10.1080/03069885.2012.681768>
- Chiesa, A., & Serretti, A. (2010). A systematic review of neurobiological and clinical features of mindfulness meditations. *Psychological Medicine*, 40(8), 1239–1252. <https://doi.org/10.1017/S0033291709991747>
- Chiu, T., Marziali, E., Colantonio, A., Carswell, A., Gruneir, M., Tang, M., & Eysenbach, G. (2009). Internet-Based Caregiver Support for Chinese Canadians Taking Care of a Family Member with Alzheimer Disease and Related Dementia. *Canadian Journal on Aging*, 28(4), 323–336. <https://doi.org/10.1017/S0714980809990158>
- de Bitencourt Machado, D., Braga Laskoski, P., Trelles Severo, C., Margareth Bassols, A., Sfoggia, A., Kowacs, C., ... Laks Eizirik, C. (2016). A Psychodynamic Perspective on a Systematic Review of Online Psychotherapy for Adults. *British Journal of Psychotherapy*, 32(1), 79–108. <https://doi.org/10.1111/bjp.12204>
- Donker, T., Bennett, K., Bennett, A., Mackinnon, A., van Straten, A., Cuijpers, P., ... Griffiths, K. M. (2013). Internet-delivered interpersonal psychotherapy versus internet-delivered cognitive behavioral therapy for adults with depressive symptoms: randomized controlled noninferiority trial. *Journal of Medical Internet Research*, 15(5), e82. <https://doi.org/10.2196/jmir.2307>
- Donley, E., McClaren, A., Jones, R., Katz, P., & Goh, J. (2017). Evaluation and Implementation of a Telepsychiatry Trial in the Emergency Department of a Metropolitan Public Hospital. *Journal of Technology in Human Services*, 35(4), 292–313. <https://doi.org/10.1080/15228835.2017.1367351>
- Dowling, M., & Rickwood, D. (2013). Online Counseling and Therapy for Mental Health Problems: A Systematic Review of Individual Synchronous Interventions Using Chat. *Journal of Technology in Human Services*, 31(1), 1–21. <https://doi.org/10.1080/15228835.2012.728508>
- Drum, K. B., & Littleton, H. L. (2014). Therapeutic Boundaries in Telepsychology: Unique Issues and Best Practice Recommendations. *Professional Psychology: Research and Practice*, 45(5), 309–315. <https://doi.org/10.1037/a0036127>

- Fonagy, P. (2012). Feasibility Study of a Psychodynamic Online Group Intervention for Depression, (May 2011), 2016.
- Funderburk, B. W., Ware, L. M., Altshuler, E., & Chaffin, M. (2008). Use and Feasibility of Telemedicine Technology in the Dissemination of Parent-Child Interaction Therapy. *Child Maltreatment, 13*(4), 377–382. <https://doi.org/10.1177/1077559508321483>
- Gramaglia, C., Piero, A., & Fassino, S. (2006). Abbate Daga, G., & Eating disorders and the Internet: Cure and curse. *Eating Weight Disorders, 11*, 68–71.
- Gustafson, D. H., Boyle, M. G., Shaw, B. R., Isham, A., McTavish, F., Richards, S., ... Johnson, K. (2011). An e-health solution for people with alcohol problems.(FOCUS ON: E-HEALTH SOLUTIONS)(Report). *Alcohol Research & Health, 33*(4), 327.
- Handley, T., Perkins, D., Kay-Lambkin, F., Lewin, T., & Kelly, B. (2014). Familiarity with and intentions to use Internet-delivered mental health treatments among older rural adults. *Aging & Mental Health, 19*(11), 1–8. <https://doi.org/10.1080/13607863.2014.981744>
- Heckman, T., Heckman, B., Anderson, T., Lovejoy, T., Mohr, D., Sutton, M., ... Gau, J.-T. (2013). Supportive-Expressive and Coping Group Teletherapies for HIV-Infected Older Adults: A Randomized Clinical Trial. *AIDS and Behavior, 17*(9), 3034–3044. <https://doi.org/10.1007/s10461-013-0441-0>
- Hensel, J. M., Shaw, J., Jeffs, L., Ivers, N. M., Desveaux, L., Cohen, A., ... Bhatia, R. S. (2016). A pragmatic randomized control trial and realist evaluation on the implementation and effectiveness of an internet application to support self-management among individuals seeking specialized mental health care: a study protocol.(Clinical report). *BMC Psychiatry, 16*(1). <https://doi.org/10.1186/s12888-016-1057-5>
- Hertlein, K. M., Blumer, M. L. C., & Mihaloliakos, J. H. (2015). Marriage and Family Counselors' Perceived Ethical Issues Related to Online Therapy. *The Family Journal, 23*(1), 5–12. <https://doi.org/10.1177/1066480714547184>
- Holland, J. "Jody," Hatcher, W., & Meares, W. (2018). UNDERSTANDING THE IMPLEMENTATION OF TELEMENTAL HEALTH IN RURAL MISSISSIPPI: AN EXPLORATORY STUDY OF USING TECHNOLOGY TO IMPROVE HEALTH OUTCOMES IN IMPOVERISHED COMMUNITIES. *Journal of Health and Human Services Administration, 41*(1), 52–86.
- Kauppi, K., Vlimki, M., Htinen, H. M., Kuosmanen, L. M., Warwicksmith, K., & Adams, C. E. (2014). Information and communication technology based prompting for treatment compliance for people with serious mental illness. *Cochrane Schizophrenia Group, 2014*(6). <https://doi.org/10.1002/14651858.CD009960.pub2>
- Kivelitz, L., Kriston, L., Christalle, E., Schulz, H., Watzke, B., H'rter, M., ... Melchior, H. (2017). Effectiveness of telephone-based aftercare case management for adult patients with

unipolar depression compared to usual care: A randomized controlled trial.(Research Article)(Report). *PLoS ONE*, *12*(10), e0186967.
<https://doi.org/10.1371/journal.pone.0186967>

KIZAKEVICH, P. N. (2014). *A Personal Health Information Toolkit for Health Intervention Research*. <https://doi.org/10.3233/978-1-61499-401-5-35>

Kuester, A., Niemeyer, H., & Knaevelsrud, C. (2016). Internet-based interventions for posttraumatic stress: A meta-analysis of randomized controlled trials. *Clinical Psychology Review*, *43*, 1. <https://doi.org/10.1016/j.cpr.2015.11.004>

Kumar, S., & Juusola, J. (2018). Mobile and traditional cognitive behavioral therapy programs for generalized anxiety disorder: A cost-effectiveness analysis. *PLoS One*, *13*(1), e0190554. <https://doi.org/10.1371/journal.pone.0190554>

Langarizadeh, M., Tabatabaei, M., Tavakol, K., Naghipour, M., & Moghbeli, F. (2017). Telemental Health Care, an Effective Alternative to Conventional Mental Care: a Systematic Review. *Acta Informatica Medica*, *25*(4), 240–246. <https://doi.org/10.5455/aim.2017.25.240-246>

Langlois, M. (2011). Saving the Game : The Use of Gaming within Psychotherapy. *Therapy*, (May), 10. Retrieved from www.onlinetherapymagazine.com.

Langlois, M. A. (2015). Better Living Through Minecraft. Retrieved December 4, 2015, from <http://gamertherapist.com/blog/2015/04/22/better-living-through-minecraft/>

Langlois, M. A. (n.d.). The Ethics of Email Amongst Colleagues A Manifesto. Retrieved from <http://gamertherapist.com/blog/2012/03/24/the-ethics-of-email-amongst-colleagues-a-manifesto/>

Langlois, M. A. (2013). Nice Everything You Have There: Mindful Minecraft. Retrieved December 4, 2015, from <http://gamertherapist.com/blog/2013/03/13/nice-everything-you-have-there-mindful-minecraft/>

Langlois, M. A. (2012). Distraction, Attention & Creepers, Oh My! Retrieved December 4, 2015, from <https://www.youtube.com/watch?v=pHzwGRsDkfE>

Larsen, M., Nicholas, J., & Christensen, H. (2016). A Systematic Assessment of Smartphone Tools for Suicide Prevention. *PLoS One*, *11*(4), e0152285. <https://doi.org/10.1371/journal.pone.0152285>

Lemma, A., & Fonagy, P. (2013). FEASIBILITY STUDY OF A PSYCHODYNAMIC ONLINE GROUP INTERVENTION FOR DEPRESSION. *Psychoanalytic Psychology*, *30*(3), 367–380. <https://doi.org/10.1037/a0033239>

- Lopez, A. (2015). An Investigation of the Use of Internet Based Resources in Support of the Therapeutic Alliance. *Clinical Social Work Journal; Clin.Soc.Work J.*, 43(2), 189–200. <https://doi.org/10.1007/s10615-014-0509-y>
- Loucas, C. E., Fairburn, C. G., Whittington, C., Pennant, M. E., Stockton, S., & Kendall, T. (2014). E- therapy in the treatment and prevention of eating disorders: A systematic review and meta-analysis. *Behaviour Research and Therapy*, 63(2014), 122–131. <https://doi.org/10.1016/j.brat.2014.09.011>
- Martin, S., Sutcliffe, P., Griffiths, F., Sturt, J., Powell, J., Adams, A., & Dale, J. (2011). Effectiveness and impact of networked communication interventions in young people with mental health conditions: A systematic review. *Patient Education and Counseling*, 85(2), e108–e119. <https://doi.org/10.1016/j.pec.2010.11.014>
- Mccoy, M., Hjelmstad, L., & Stinson, M. (2013). The Role of Tele-Mental Health in Therapy for Couples in Long-Distance Relationships. *Journal of Couple & Relationship Therapy; Innovations in Clinical and Educational Interventions*, 12(4), 339–358. <https://doi.org/10.1080/15332691.2013.836053>
- Midkiff, D. M., & Joseph Wyatt, W. (2008). Ethical Issues in the Provision of Online Mental Health Services (Etherapy). *Journal of Technology in Human Services*, 26(2–4), 310–332. <https://doi.org/10.1080/15228830802096994>
- Mignone, P., Migone, P., & Mignone, P. (2013). PSYCHOANALYSIS ON THE INTERNET: A Discussion of its Theoretical Implications for Both Online and Offline Therapeutic Technique. *Psychoanalytic Psychology*, 30(May 2011), 2016. <https://doi.org/10.1037/a0031507>
- Mitchell, J. E. J. J. E., Crosby, R. D., Wonderlich, S. A., Crow, S., Lancaster, K., Simonich, H., ... Cook Myers, T. (2008). Randomized trial comparing the efficacy of cognitive-behavioral therapy for bulimia nervosa delivered via telemedicine versus face-to-face. *Behaviour Research And Therapy*, 46(5), 581–592. <https://doi.org/10.1016/j.brat.2008.02.004>
- Murphy, R., & Fairbank, J. (2013). Implementation and Dissemination of Military Informed and Evidence-Based Interventions for Community Dwelling Military Families. *Clinical Child and Family Psychology Review*, 16(4), 348–364. <https://doi.org/10.1007/s10567-013-0149-8>
- Naslund, J., Aschbrenner, K., Marsch, L., & Bartels, S. (2016). The future of mental health care: peer-to-peer support and social media. *Epidemiology and Psychiatric Sciences*, 25(2), 113–122. <https://doi.org/10.1017/S2045796015001067>
- Nguyen-Feng, V. N., Greer, C. S., & Frazier, P. (2017). Using online interventions to deliver college student mental health resources: Evidence from randomized clinical trials. *Psychological Services*, 14(4), 481. <https://doi.org/10.1037/ser0000154>

- Nitsch, M., Dimopoulos, C. N., Flaschberger, E., Saffran, K., Kruger, J. F., Garlock, L., ... Jones, M. (2016). A Guided Online and Mobile Self-Help Program for Individuals With Eating Disorders: An Iterative Engagement and Usability Study. *Journal of Medical Internet Research*, *18*(1), e7. <https://doi.org/10.2196/jmir.4972>
- Orman, J., O'Dea, B., Shand, F., Berk, M., Proudfoot, J., & Christensen, H. (2014). e-Mental health for mood and anxiety disorders in general practice. *Australian Family Physician*, *43*(12), 832.
- Ostrowski, J., & Collins, T. P. (2016). A comparison of telemental health terminology used across mental health state licensure boards. *The Professional Counselor*, *6*(4), 387. <https://doi.org/10.15241/jo.6.4.387>
- Palomares, R., Bufka, L., & Baker, D. (2016). Critical Concerns When Incorporating Telepractice in Outpatient Settings and Private Practice. *Journal of Child and Adolescent Psychopharmacology*, *26*(3), 252–259. <https://doi.org/10.1089/cap.2015.0013>
- Parish, M. B., Apperson, M., & Yellowlees, P. M. (2014). Engaging U.S. veterans with PTSD in online therapy. *Psychiatric Services (Washington, D.C.)*, *65*(5), 697. <https://doi.org/10.1176/appi.ps.650501>
- Perle, J. G., & Nierenberg, B. (2013). How Psychological Telehealth Can Alleviate Society's Mental Health Burden: A Literature Review. *Journal of Technology in Human Services*, *31*(1), 22–41. <https://doi.org/10.1080/15228835.2012.760332>
- Reynolds, D. (2014). How do client and therapists in online text therapy experience their exchanges and relationship? *Studies in Health Technology and Informatics*, *199*, 123.
- Rodda, S., Lubman, D. I., Dowling, N., Bough, A., & Jackson, A. (2013). Web-Based Counseling for Problem Gambling: Exploring Motivations and Recommendations. *Journal Of Medical Internet Research; J.Med.Internet Res.*, *15*(5). <https://doi.org/10.2196/jmir.2474>
- Rotheram-Borus, M. J., Swendeman, D., & Chorpita, B. F. (2012). Disruptive innovations for designing and diffusing evidence-based interventions. *American Psychologist*, *67*(6), 463–476. <https://doi.org/10.1037/a0028180>
- Rotheram-borus, M., Swendeman, D., & Chorpita, B. F. (2012). Disruptive Innovations for Designing and Diffusing Evidence- Based Interventions. *American Psychologist*, *67*(6), 463–476. <https://doi.org/10.1037/a0028180>
- Self-Brown, S., & Whitaker, D. J. (2008). Parent-Focused Child Maltreatment Prevention: Improving Assessment, Intervention, and Dissemination With Technology. *Child Maltreatment*, *13*(4), 400–416. <https://doi.org/10.1177/1077559508320059>
- Shealy, K. M., Davidson, T. M., Jones, A. M., Lopez, C. M., & de Arellano, M. A. (2015). Delivering an Evidence-Based Mental Health Treatment to Underserved Populations Using

- Telemedicine: The Case of a Trauma-Affected Adolescent in a Rural Setting. *Cognitive and Behavioral Practice*, 22(3), 331–344. <https://doi.org/10.1016/j.cbpra.2014.04.007>
- Shepherd, L., Goldstein, D., Olver, I., & Parle, M. (2008). Enhancing psychosocial care for people with cancer in rural communities: what can remote counselling offer? *Australian Health Review*, 32(3), 423–438. <https://doi.org/10.1071/AH080423>
- Simpson, S. (2009). Psychotherapy via videoconferencing: a review. *British Journal of Guidance & Counselling*, 37(3), 271–286. <https://doi.org/10.1080/03069880902957007>
- Slomski, A. (2015). Online Therapy Reduces Suicide. *Jama-Journal Of The American Medical Association; JAMA-J.Am.Med.Assoc.*, 314(24), 2608.
- Stentzel, U., Grabe, H.-J., Strobel, L., Penndorf, P., Langosch, J., Freyberger, H. J., ... van den Berg, N. (2015). Tecla: a telephone- and text-message based telemedical concept for patients with severe mental health disorders - study protocol for a controlled, randomized, study.(Clinical report). *BMC Psychiatry*, 15(273). <https://doi.org/10.1186/s12888-015-0659-7>
- Trefflich, F., Kalckreuth, S., Mergl, R., & Rummel-Kluge, C. (2015). Psychiatric patients' internet use corresponds to the internet use of the general public. *Psychiatry Research*, 226(1), 136–141. <https://doi.org/10.1016/j.psychres.2014.12.037>
- Tsang, N. M. (2008). Kairos and practice wisdom in social work practice: kairos. *European Journal of Social Work*, 11(2), 131–143. <https://doi.org/10.1080/13691450701357315>
- Wagner, B., Horn, A. B., & Maercker, A. (2014). Internet-based versus face-to-face cognitive-behavioral intervention for depression: A randomized controlled non-inferiority trial. *Journal of Affective Disorders*, 152–154, 113–121. <https://doi.org/10.1016/j.jad.2013.06.032>
- Wood, R. A., & Griffiths, M. (2007). Online guidance, advice, and support for problem gamblers and concerned relatives and friends: an evaluation of the GamAid pilot service. *British Journal of Guidance & Counselling*, 35(4), 373–389. <https://doi.org/10.1080/03069880701593540>
- Yager, Z., & O'Dea, J. A. (2008). Prevention programs for body image and eating disorders on University campuses: a review of large, controlled interventions. *Health Promotion International*, 23(2), 173–189. <https://doi.org/10.1093/heapro/dan004>
- Yamagishi, M., Kobayashi, T., Kobayashi, T., Nagami, M., Shimazu, A., & Kageyama, T. (2007). Effect of web-based assertion training for stress management of Japanese nurses. *Journal of Nursing Management*, 15(6), 603–607. <https://doi.org/10.1111/j.1365-2834.2007.00739.x>

- Yamagishi, M., Kobayashi, T., & Nakamura, Y. (2008). Effects of web-based career identity training for stress management among Japanese nurses: a randomized control trial. *Journal of Occupational Health, 50*(2), 191–193. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=18403870&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Yank, V., Laurent, D., Plant, K., & Lorig, K. (2013). Web-based self-management support training for health professionals: a pilot study. *Patient Education and Counseling, 90*(1), 29–37. <https://doi.org/10.1016/j.pec.2012.09.003>
- Yaphe, J., Speyer, C., In, K., Anthony, D. A. N., Springfield, I. L., & C, . (2010). Using email to enrich counselor training and supervision. *Nagel S Goss Eds The Use of Technology in Mental Health Applications Ethics and Practice Pp Charles*, 194–205.
- Yaphe, J., Speyer, C., In, R., Kraus, G., & Diego, C. A. (2010). *Text-based online counseling: Email. Stricker, and C.*
- Yardley, L., & Nyman, S. R. (2007). Internet provision of tailored advice on falls prevention activities for older people: a randomized controlled evaluation. *Health Promotion International, 22*(2), 122–128. <https://doi.org/10.1093/heapro/dam007>
- Ybarra, M. L., & Eaton, W. W. (2005). Internet-based mental health interventions. *Mental Health Services Research, 7*(2), 75–87. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=15974154&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Ybarra, M. L., Mitchell, K. J., Palmer, N. A., & Reisner, S. L. (2015). Online social support as a buffer against online and offline peer and sexual victimization among U.S. LGBT and non-LGBT youth. *Child Abuse & Neglect, 39*, 123–136. <https://doi.org/10.1016/j.chiabu.2014.08.006>
- Ybarra, M. L., & Suman, M. (2006). Help seeking behavior and the Internet: a national survey. *International Journal of Medical Informatics, 75*(1), 29–41. <https://doi.org/10.1016/j.ijmedinf.2005.07.029>
- Ye, J., Rust, G., Fry-Johnson, Y., & Strothers, H. (2010). E-mail in patient-provider communication: a systematic review. *Patient Education and Counseling, 80*(2), 266–273. <https://doi.org/10.1016/j.pec.2009.09.038>
- Ye, X., Bapuji, S. B., Winters, S., Metge, C., & Raynard, M. (2014). Quality and methodological challenges in Internet-based mental health trials. *Telemedicine Journal and E-Health : The*

Official Journal of the American Telemedicine Association, 20(8), 744–747.
<https://doi.org/10.1089/tmj.2013.0298>

- Yellowlees, P. M., & In, R. C. (2002). *Clinical principles to guide the practice of e-therapy*.
- Yellowlees, P. M., Hilty, D. M., Marks, S. L., Neufeld, J., & Bourgeois, J. A. (2008). A retrospective analysis of a child and adolescent eMental Health program. *Journal of the American Academy of Child and Adolescent Psychiatry*, 47(1), 103–107.
<https://doi.org/10.1097/chi.0b013e31815a56a7>
- Yellowlees, P. M., Holloway, K. M., & Parish, M. B. (2012). Therapy in virtual environments--clinical and ethical issues. *Telemedicine Journal and E-Health : The Official Journal of the American Telemedicine Association*, 18(7), 558–564. <https://doi.org/10.1089/tmj.2011.0195>
- Yellowlees, P., & Nafiz, N. (2010). The psychiatrist-patient relationship of the future: anytime, anywhere? *Harvard Review of Psychiatry*, 18(2), 96–102.
<https://doi.org/10.3109/10673221003683952>
- Young, D. (2009). Animal models of tuberculosis. *European Journal of Immunology*, 39(8), 2011–2014. <https://doi.org/10.1002/eji.200939542>
- Young, K. S. (2008). Internet sex addiction: Risk factors, stages of development, and treatment. *American Behavioral Scientist*, 52, 21–37.
- Young, K. S. (2006). Online infidelity: Evaluation and treatment implications. *Journal of Couple and Relationship Therapy*, 5, 43–56.
- Young, K. S., & In, A. (2009). *Assessment and treatment of Internet addiction*.
- Young, K. S. (2005). An empirical examination of client attitudes towards online counseling. *Cyberpsychology & Behavior : The Impact of the Internet, Multimedia and Virtual Reality on Behavior and Society*, 8(2), 172–177. <https://doi.org/10.1089/cpb.2005.8.172>
- Young, K. S. (2013). Treatment outcomes using CBT-IA with Internet-addicted patients. *Journal of Behavioral Addictions*, 2(4), 209–215. <https://doi.org/10.1556/JBA.2.2013.4.3>
- Young, K. S. (2007). Cognitive behavior therapy with Internet addicts: treatment outcomes and implications. *Cyberpsychology & Behavior : The Impact of the Internet, Multimedia and Virtual Reality on Behavior and Society*, 10(5), 671–679.
<https://doi.org/10.1089/cpb.2007.9971>
- Young, L. H., Coven, D. L., & Russell, R. R. (2000). Cellular and molecular regulation of cardiac glucose transport. *Journal of Nuclear Cardiology : Official Publication of the American Society of Nuclear Cardiology*, 7(3), 267–276. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=Related

Articles&IdsFromResult=10888399&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.
Pubmed_ResultsPanel.Pubmed_RVDocSum

- Yuen, E. K., Herbert, J. D., Forman, E. M., Goetter, E. M., Comer, R., & Bradley, J.-C. (2013). Treatment of social anxiety disorder using online virtual environments in second life. *Behavior Therapy, 44*(1), 51–61. <https://doi.org/10.1016/j.beth.2012.06.001>
- Zabinski, M. F., Pung, M. A., Wilfley, D. E., Eppstein, D. L., Winzelberg, A. J., Celio, A., & Taylor, C. B. (2001). Reducing risk factors for eating disorders: targeting at-risk women with a computerized psychoeducational program. *The International Journal of Eating Disorders, 29*(4), 401–408. Retrieved from http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=11285577&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum
- Zabinski, M. F., Celio, A. A., Wilfley, D. E., & Taylor, C. B. (2003). Prevention of eating disorders and obesity via the internet. *Cognitive Behaviour Therapy, 32*(3), 137–150. <https://doi.org/10.1080/16506070310000939>
- Zabinski, M. F., Wilfley, D. E., Calfas, K. J., Winzelberg, A. J., & Taylor, C. B. (2004). An interactive psychoeducational intervention for women at risk of developing an eating disorder. *Journal of Consulting and Clinical Psychology, 72*(5), 914–919. <https://doi.org/10.1037/0022-006X.72.5.914>
- Zack, J. S. (2008). How sturdy is that digital couch? Legal considerations for mental health professionals who deliver clinical services via the Internet. *Journal of Technology in Human Services, 26*, 333–359.
- Zack, J. S., In, R., Kraus, G., & Diego, C. A. (2010). *Legal issues for online counselors*.
- Zack, J. S., In, R., Kraus, G., Diego, C. A., Kraus, J., & Diego, C. A. (2004). *Technology of online counseling*.
- Zandberg, L. J., & Wilson, G. T. (2013). Train-the-trainer: implementation of cognitive behavioural guided self-help for recurrent binge eating in a naturalistic setting. *European Eating Disorders Review : The Journal of the Eating Disorders Association, 21*(3), 230–237. <https://doi.org/10.1002/erv.2210>
- Zelvin, E., Speyer, C. M., In, R., Kraus, J., & Diego, C. A. (2004). *Online counseling skills, Part Treatment strategies and skills for conducting counseling online*. (Vol. 1).
- Zernicke, K. A., Campbell, T. S., Specia, M., McCabe-Ruff, K., Flowers, S., & Carlson, L. E. (2014). A randomized wait-list controlled trial of feasibility and efficacy of an online mindfulness-based cancer recovery program: the eTherapy for cancer applying mindfulness

trial. *Psychosomatic Medicine*, 76(4), 257–267.
<https://doi.org/10.1097/PSY.0000000000000053>

Zetin, M., & Glenn, T. (1999). Development of a computerized psychiatric diagnostic interview for use by mental health and primary care clinicians. *Cyberpsychology & Behavior: The Impact of the Internet, Multimedia and Virtual Reality on Behavior and Society*, 2(3), 223–229. <https://doi.org/10.1089/cpb.1999.2.223>

Zetterqvist, K., Maanmies, J., Ström, L., & Andersson, G. (2003). Randomized controlled trial of internet-based stress management. *Cognitive Behaviour Therapy*, 32(3), 151–160.
<https://doi.org/10.1080/16506070302316>

Ziebland, S., & Wyke, S. (2012). Health and illness in a connected world: how might sharing experiences on the internet affect people's health? *The Milbank Quarterly*, 90(2), 219–249.
<https://doi.org/10.1111/j.1468-0009.2012.00662.x>

Zizek, S. (2004). What can psychoanalysis tell us about cyberspace? *Psychoanalytic Review*, 91(6), 801–830. Retrieved from
http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&DbFrom=pubmed&Cmd=Link&LinkName=pubmed_pubmed&LinkReadableName=RelatedArticles&IdsFromResult=15841731&ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_RVDocSum

Zur, O., Williams, M. H., Lehavot, K., & Knapp, S. (2009). Psychotherapist self-disclosure and transparency in the Internet age. *Professional Psychology Research and Practice*, 40, 22–26.