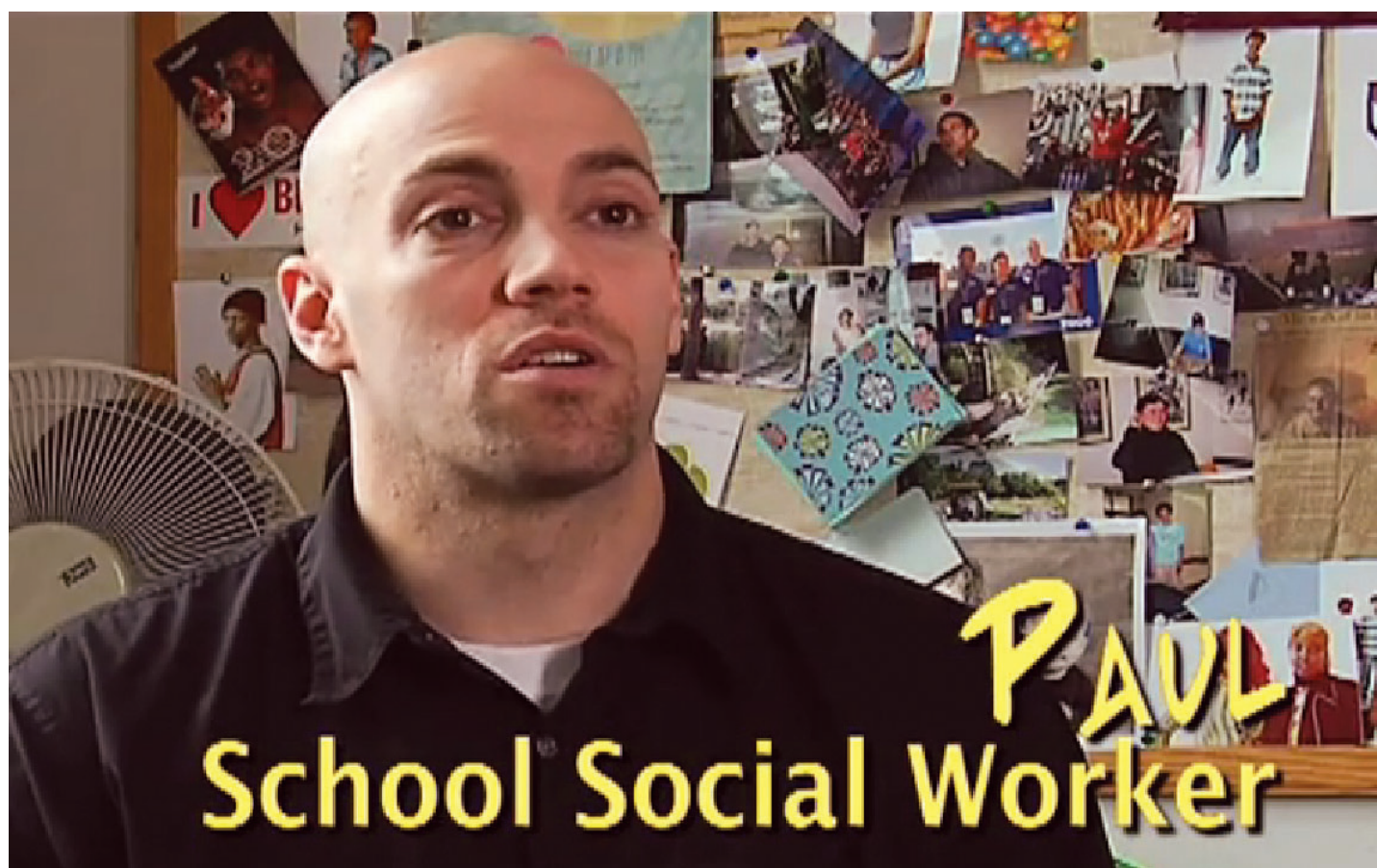


‘This Could Be You: The Many Faces of Social Work’



Paul Epstein, social worker at Brookline High School, talks about his role with students.

NASW- MA Chapter proudly announced the release of a six minute video titled, ***This Could Be You: The Many Faces of Social Work***. Born from National NASW’s Social Work Reinvestment Initiative (SWRI) to strengthen the visibility and image of social work and recruit younger social workers, the Massachusetts Chapter SWRI committee elected to create a broadcast quality video. Production of the video was made possible through donations from National NASW, the NASW-MA Chapter, and Children’s Hospital Boston. The

creative team at NKP Media worked closely with the SWRI task force to create the substantive and engaging video. Watch it anytime on our homepage: www.naswma.org or the NASWMA YouTube page: www.youtube.com/user/naswmachapter

Equipped with this fabulous resource, the real work begins. The SWRI video is part of the larger initiative to recruit the next generation of social workers. This fall, NASW-MA Chapter staff will visit high schools across the state and speak to students about careers in social work.

Here is how you can help with this exciting project:

- Let us know of any leads or contacts in Massachusetts high schools you may have, by contacting Meagan Coons.
- Visit a school.
- Show the video at your workplace.
- Make a tax deductible SWRI donation to the NASW Foundation.

For more information contact **Meagan Coons** at 617-227-9635 x14 or COONS@NASWMA.ORG ♦

Vote NO on Questions 1, 2, and 3!

Rebekah Gewirtz

DIRECTOR OF GOVERNMENT RELATIONS
AND POLITICAL ACTION, NASW-MA

There will be three questions on the November 2nd General Election ballot. **NASW-MA Chapter is opposed to all three questions.** We urge you to **VOTE NO** on these questions that will hamper our economic recovery and cost the commonwealth jobs. (For more information on these ballot questions, visit the Secretary of State’s website: WWW.SEC.STATE.MA.US/ELE/ELEPI10/PIPI01DX.HTM)

- **Question 1: Sales Tax on Alcoholic Beverages Repeal**

Passing this referendum would mean funds derived from this tax, which currently go to substance abuse and mental health services, would be slashed.

A YES VOTE would remove the state sales tax on alcoholic beverages and alcohol.

A NO VOTE would make no change in the state sales tax on alcoholic beverages and alcohol.

BALLOT QUESTIONS
continued on page 8

School Social Work Conference October 22, 2010 *page 6*

Be an NASW Mentor

NASW-MA is building a team of experienced social workers who want to connect with new social workers.

If you are an NASW member and have five or more years of clinical and/or macro experience in the field, you have the skills and wisdom to make a difference in a new social worker’s life.

While Mentoring is neither therapy nor supervision, it is an opportunity to provide guidance and explore early career issues. Mentoring is an exciting and mutually rewarding experience!

If you are interested in helping an early career social worker “learn the ropes,” please fill out an on-line application by visiting: WWW.NASWMA.ORG

Social Workers Needed for the MA Board of Registration of Social Work

The Massachusetts Social Work Licensing Board has openings on the Board for an LSW and an LCSW.

The three year appointments are made by the Governor’s Office. NASW knows it is important to have a full Social Work Licensing Board in order to ensure that it can carry out its mandates on behalf of consumers and the social work profession.

The Board of Registration of Social Work protects the public through regulation of the practice of social work. The Board determines eligibility for admission to social work licensing examinations, hears complaints against social workers and takes action as required with the assistance of its legal

counsel and investigators.

The Licensing Board meets once a month in the morning and members receive reimbursement for travel and lunch. Licensing Board members are volunteers.

If you have an LSW or an LCSW and are interested in being on the Massachusetts Social Work Licensing Board e-mail your résumé and contact information to Rebekah Gewirtz, Director of Government Relations and Political Action, at GEWIRTZ@NASWMA.ORG with “SW Licensing Board Positions” in the subject line. Résumés will then be forwarded to the Governor’s Office of Appointments for consideration. ♦

CERA invites you to the annual Social Work Students of Color Reception

Monday, October 4, 2010
6:00-8:00PM

Martha Eliot Health Center
75 Bickford St., Jamaica Plain
(617) 919-3419
MBTA: Jackson Sq. on Orange line

RSVP to 617-227-9635 x10 or
WRIGHT@NASWMA.ORG
Light refreshments served.

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On the Hill

NASW Joins Protest Rally

Rebekah Gewirtz
DIRECTOR OF GOVERNMENT
RELATIONS & POLITICAL ACTION, NASW-MA

On August 18, 2010 NASW-MA Chapter participated in a rally with the Coalition for Massachusetts to protest Senator Scott Brown's vote to deny Massachusetts over \$600 million in federal funding. This funding known as "FMAP" is critically important to the state budget that is already in an economic tailspin. Senator Brown went to Washington, DC pledging to support the needs of Massachusetts but, unfortunately, this vote not only jeopardized thousands of private and public sector jobs, but also vital health, education, and public safety services.

PROTEST RALLY
continued on page 7

View the full listing of candidates endorsed by NASW-MA PACE at WWW.NASWMA.ORG

We Want to Hear Your Legislative Policy Priorities!

Rebekah Gewirtz
DIRECTOR OF GOVERNMENT RELATIONS AND
POLITICAL ACTION, NASW-MA

The 2009-2010 legislative session was tremendously successful for NASW-MA Chapter, the social work profession, and the clients and populations served by social workers.

For the first time in the history of the Chapter, we passed a piece of legislation in the first year of the first legislative session in which it was filed. This legislation was a bill modernizing the social work licensing board. In addition, we passed legislation giving LICSWs the authority to issue Section 12s or pink papers; and we worked in coalition on legislation that reformed the Criminal Offender Record Information system in the state, known as CORI. We also co-chaired a statewide coalition that successfully advocated for the legislature to raise over \$1 billion in new revenue in 2009. [See more on page 8 about how this relates to Question 3 on the November ballot.]

Now, as we head into the 2011-2012 legislative session, we want to hear from you about your priorities for the

next two years. This Fall the Legislative Advocacy Committee will be establishing the NASW-MA Chapter 2011-2012 Legislative Agenda to be sent to the Board for review and approval.

Let us know about issues you are facing in your professional work that you think could be addressed legislatively. We would also like to hear about important social or economic justice issues in which NASW-MA Chapter should get involved.

The Board will finalize the Legislative Agenda in December 2010 and we will begin the legislative bill filing process in early January 2011. [See legislative calendar at right.] **The Chapter is here to serve your needs so hearing from you is critically important in this process!**

To let us know what issues you would like to see us prioritize, or to get involved with the Legislative Advocacy Committee, which meets monthly, email Rebekah Gewirtz at GEWIRTZ@NASWMA.ORG or call 617-227-9635 x12, or contact Jim Chaplin, Chair of the Legislative Advocacy Committee at CHAPLINJAMES@HOTMAIL.COM ❖

MA LEGISLATIVE CALENDAR 1st Year of 2011-2012 Session

JANUARY 5, 2011
General Court convenes;
First annual session begins.
(1st Wednesday in January)

JANUARY 21, 2011
Bill filing deadline.
(3rd Friday in January)

JANUARY 24, 2011
Governor submits recommended annual budget to the House of Representatives as House Bill No. 1
(4th Wednesday in January)

MARCH 2011
NASW Legislative Education and Advocacy Day (LEAD) at the State House

FROM THE EXECUTIVE DIRECTOR

Leading from Possibility: A Su Servicio

I recently came back from a vacation in Mexico, where I was paying close attention to how people there related to each other. This is a fascination of mine—watching other people—how they talk to each other, their eye contact, the use of their hand gestures and their body language, viewing their physical connections or lack of connectedness.

I want to share 3 short observations with you and relate them to the world of social work. The setting is the

supermarket in Merida, the Capital of the state of Yucatan. I was wandering around the downtown area looking into the shops, studying the architecture of the residential and commercial buildings and working up an appetite when I saw a sign that indicated I was heading in the direction of what looked like a great supermarket.

The first things I noticed as I walked through the parking lot to reaching the front door of the market were the signs indicating reserved parking spots. There was the usual sign of a wheel chair which was similar to the sign we have in the states that indicates these spaces are reserved for disabled folks. Then right next to the wheel chair sign was a sign indicating "Reservado Futuros Mamas" featuring a lady with a very big belly. I thought that was really neat. How thoughtful!

Then just inside the front door was a nice woman wearing an apron and hair net who walked right up to me to inquire, "Puedo ayudarle?" ("May I help you?")—even before I asked for help. Lastly, there were all the "empleados" in the bakery section who were wearing hair nets and what looked like surgical masks over their mouths and noses who also stopped what



Carol J. Trust, LICSW

they were doing to, again ask, "Puedo ayudarle?"

Now, you may say, "What is so special about all this? There are folks at Walgreens and Home Depot who welcome customers."

Well, perhaps it is not so distinctive, but rather a reminder to me and the entire NASW staff at the chapter office of our priorities. First, as a membership organization we are here to serve you, our members. No other organization has the interests of social workers as its primary focus. At the same time, we are here to advocate for just social and economic programs and policies for all. The social work profession has this dual focus.

As the Executive Director of the 4th largest NASW Chapter in the country, I am reaffirming our Chapter's commitment to serve you, our members. Please be assured that when you call the Chapter office, you will receive our undivided attention to your issue. And please call. Call often. Tell us what you need, what you like, what we could do better, what you would like us to do that we are not now doing. We take every call seriously. A SU SERVICIO. ❖



Parking sign "Reserved for Future Mothers"

NASW-MA Board of Directors

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Carol J. Trust

Practice and Policy

CLINICAL PRACTICE TODAY (CPT) Understanding Clients’ Involvement in Online Role-Play Games – *Part II*

Bet MacArthur, LICSW, CPT Editor
and **Michael Langlois, LICSW**

Clinical practice in 2010 is far more complex and technical, administratively and scientifically, than it was 10 years ago. This column is where we share questions, controversies, ideas and proposals about clinical work with NASW’s clinical community, from beginners to veterans.

This is Part II of our column introducing readers to the world of online gaming and the role that therapists can play in using familiarity with gaming to better understand clients and to deepen our work with them.

Our consultant in this topic is **Mike Langlois, LICSW**. Mike teaches clinicians about the world of online gaming in detail in seminars, and offers a thoroughly psychodynamic way to investigate, evaluate, and exploit this aspect of clients’ lives in the therapy process.

Many therapists assume that any client who spends a good portion of time electronically connected to distant strangers jointly occupied with imaginary characters, environments, traditions, and economies, and jointly engaged for hours in aggressive, invasive, and often violent or mortal actions against other groups, must be expressing some kind of character pathology, or dissociative or addictive pathology.

Yet most therapists are also naïve about this new virtual global culture, and so are unprepared to assess what pathology, if any, and what degree of it, may be present in a gamer client.

In Part I of this topic, we learned



Bet MacArthur, LICSW

that there is no evidence in any of the copious sociological and psychological research into online gaming to suggest that players, as a cohort, differ from the general population in rates of pathology.

We now take up a few more questions with Mike Langlois.

CPT: Are there any potential risks or hazards for players of Massively Multi-player Online Role-Playing Game (MMORPG’s)?

Mike Langlois: There can be, but they are not obscure. Just as with playing golf or watching football on TV, online gaming can cause conflict and misunderstanding with family and friends if players devote too much time or attention to the game. The same ego

CLINICAL PRACTICE TODAY
continued on page 8

Learn more about the internet and addictions with our 3 CE Podcast/CD:

Internet Enabled Addictions
by David Greenfield, PhD
NASW Members: \$30 Podcast / \$45 CD
WWW.NASWMA.ORG

SPEAK UP FOR SOCIAL WORK NASW-MA’s Social Work Media / Speaker’s Bureau

Sam Pepka
BSW STUDENT INTERN, NASW-MA

When hearing “social worker” an average person often thinks of someone who takes children away from families. Although social workers do sometimes need to do this, it does not represent the whole social work profession. Understanding the ongoing need to educate the public about the variety of areas social workers cover, NASW-MA is expanding its social work expert database, the Speaker’s Bureau.

The Speaker’s Bureau is a database used to find expert social workers to speak or write on specific topics. It has identified social workers to testify at

public hearings, speak to reporters and journalists, and write specialized articles for FOCUS,. Social workers have knowledge on many topics; the media and the public need to hear their accurate information. Speakers Bureau members also have the opportunity to speak with high school students about social work as a possible career path.

Step forward and identify yourself as an expert in your field of social work. You can make a difference in how social work and social work issues are portrayed. Enhance the public image of your profession. For more information and an application, go to WWW.NASWMA.ORG, click on resources. ♦

Connect with NASW MA!
Facebook: NASWMA • Twitter: twitter.com/NASWMA • Blog: caroltrust.blogspot.com

SOCIAL WORK THERAPY REFERRAL SERVICE (SWTRS) The Power of Groups

Did you know that the Social Work Therapy Referral Service is a valuable resource to locate groups as well as individual therapists for clients, family, and friends, even yourself? Anyone may use the referral service to speak with an LICSW who will work with you to find a good therapeutic match.

Please call (800) 242-9794 or (617) 720-2828 to inquire about location, status and availability of any particular group. Here is a glimpse of the groups in our database:

Addictions

- Early Recovery (Alcohol/Mixed Chemicals)
- Co-dependent Men

Bereavement

- Loss of any Kind Group
- Bereavement for Spouses and Partners

Child/Adolescent Issues

- Teen Boys
- Teenage Therapy Group

Chronic Mental Health

- Families and Chronic Mental Illness

Co-ed Personal Growth Groups

- Co-Ed Groups Self Esteem, Relationships
- Social Anxiety
- Mid-Life Group

Couples

- Longterm Married Couples Group

DBT

- DBT Young Adult
- DBT Skills

Depression, Anxiety & Stress

- Anxiety/Relationship Development
- Anger Management
- Stress Management
- Mindfulness Based CBT
- Mindfulness Meditation

Divorce

- Parenting after Divorce
- Coming out of a Longterm Relationship
- Co-Ed Divorce Group

Gay, Lesbian & Bisexual Issues

- Transgender
- Women Coming Out From Marriage

Medical

- Physicians and Medical Students
- Breast Cancer Group
- Meditation for Women with Breast Cancer
- Chronic Medical/Mental Illness Families
- Caregivers Coaching/Support
- Parkinson’s Disease Caregivers

Men’s Groups

- Relationships at Home & Work
- Men and Life Transitions

Parenting

- Adolescent Parenting

Supervision/Consultation

- Supervision in Mindfulness
- Mediation Practice Class
- Private Practice Development

Trauma

- Impact of Trauma on Relationships

Women’s Groups

- Relationships/Self Esteem
- Professional Women
- Twenty-Something
- Mid-Life & Older Group
- Menopause ♦

Learn more about groups with our 3 CE Podcast and CD:

Group Therapy for Today’s Patients
by Dr. Scott Rutan
NASW Members: \$30 Podcast / \$45 CD
WWW.NASWMA.ORG

National Depression Screening Day (NDS)

THURSDAY, OCTOBER 7TH
NDS raises awareness and screens people for depression and related mood and anxiety disorders. In-person and online screening and anonymous assessment online at www.HelpYourselfHelpOthers.org

SWTRS
Social Work Therapy
Referral Service

Invites you to its Fall Workshop...

How To Notice When Eating Disorders Are an Issue

with **Beth Mayer, LICSW,**
CEO, Multiservice Eating Disorders Association

Friday, October 15, 2010

9:30-11:30AM (Registration 9AM)

Jewish Family & Children’s Service, Waltham, MA

Approved for 2 CEs for Social Workers

MAIL with check to “NASW”: NASW, 14 Beacon St. Ste. 409, Boston, MA 02108
or **FAX with credit card information:** (617) 227-9877
or **REGISTER ONLINE with credit card:** www.naswma.org

Name _____ Member # _____

Address _____

City _____ State _____ Zip _____

Day Phone _____

Email _____

Please print. Required to receive acknowledgement and directions.

Fee: ☐ \$30 SWTRS Member ☐ \$35 NASW Member ☐ \$40 Non-NASW Member

Payment Options:

☐ Check payable to “NASW” (**POs not accepted**)

☐ Credit Card – **by Fax ONLY*** ☐ Visa ☐ Mastercard ☐ Discover

Credit Card Number _____ Exp. Date _____

Signature _____ 3 digit CVV Code _____

***New credit card security standards require that we no longer accept credit card numbers via mail. To pay by credit card, fax this form to 617-227-9877 or register at www.naswma.org**

10/15/2010
SWTRS

Regional Events

CALENDAR

BERKSHIRE Info: Jeff Schrenzel 413-782-1757 jschrenz@wnec.edu

OCT 28, Thurs. **Addressing Cultural Barriers for Berkshire County**
12-1:30pm **Gwendolyn Hampton Van Sant, BA** Exec. Dir., Multicultural Bridge
1.5CEs The Brien Center, 1 Fenn St, 3rd Flr (East St. Conf. Rm.) **Pittsfield**

NOV 18, Thurs. **Internal Family Systems: Theory & Practice Tools**
12-1:30pm **Ephrat David, LMHC, MFT**
1.5 CEs The Brien Center, 333 East St, 1st Flr Conference Room, **Pittsfield**

CENTRAL Info: Jenn Gendron 508-783-2597 jgendron6@verizon.net

OCT 19, Tues. **2CEs Central Region Book Club** (Announcement below)

Nov 30, Tues. **Behavior Management Programming: *The Real Story***
9-12pm - **3CEs** Apple Valley Center, Ayer, MA

NORTHEAST Info: Edna Lezotte 781-758-0786 ednamlez@aol.com

OCT 24, Sun. **Fall Networking Brunch** (Announcement below)

PIONEER VALLEY Info: Jeff Schrenzel 413-782-1757 jschrenz@wnec.edu

OCT 1, Fri. **Private Practice Shared Interest Group (SIG) mtg.**
9-10:30am **Sarah Hawrylak** (sehawrylak@gmail.com, 413-253-9858)
Franklin Medical Center, 164 High Street, Conference Room **C, Greenfield**

OCT 21, Thursday **Bringing Yoga Into the Psychotherapy Session**
7:30-9:00pm (7:15pm Registration) **Joann Lutz, LICSW, Private Practice**
1.5CEs Dewey Common Rm. Smith College, **Northampton**

NOV 16, Tues. **Private Practice Shared Interest Group (SIG) mtg.**
8:30-10:30am **Sue Davis** (suedavis.psychotherapy@yahoo.com)
Hotel Northampton, 36 King Street, **Northampton**

SOUTHEAST Info: Sue Landers 617-872-0205 sulanders@aol.com

NORTHEAST REGION

The Northeast Regional Council invites you to its...

Fall Networking Brunch

Sunday, October 24, 2010, 11AM

The Lyceum, 43 Church St, Salem MA (www.thelyceum.com)

Food & Friends is a Winning Combination.....

- Order from menu....a lot or just a taste.
- Network and socialize with other regional members.
- Then take a walk in quaint downtown Salem...
...lots of ideas to help you prepare for Halloween....

RSVP to Edna Lezotte at ednamlez@aol.com

We want to be sure we count YOU in!

CENTRAL REGION

The Central Regional Council presents...

Central Region Book Club

Tuesday, October 19, 2010, 6-8PM

Department of Children & Families
121 Providence Street, Worcester

Participants will read the book **Nineteen Minutes** by **Jodi Picoult**

Discussants **Deborah Bunker**, LICSW and **M. Julie Mahoney Lesure**, Esq will address the role of peer pressure and popularity in teen development and how it relates to bullying, and school violence. Also examined will be parenting a child who is being bullied, and how school systems handle bullying/violence prevention.

\$10 NASW Member / \$15 Non-NASW Member

Approved for 2 CEs for Social Workers

MAIL with check to "NASW": NASW, 14 Beacon St. Ste. 409, Boston, MA 02108

Name _____ Member # _____

Address _____

City _____ State _____ Zip _____

Day Phone _____ Email _____

Please print to receive acknowledgement and directions.

Payment enclosed: ☐ \$10 NASW Member ☐ \$15 Non-NASW Member

10/19/10 CENTRAL

NEW NASW MEMBERS

Central

Daniel Girard-Domena
Kim Sandler
Rachel Sherwin

Greater Boston

Amanda Beardsworth
Sarah Berson
Katherine Blood
Ervin Dan
Rosemarie DeRosa
Casandra Difranza
Jennifer Freidel
Zayda Gonzalez
Neile Gordon
Scott Gortikov
Elizabeth Higgins
Stephanie Joseph
Lori Kagan
Julie Laverty
Jodi Levin
Victoria Lieras
Jessica Loftus
Julie McMenamy
Miranda Moe
Nancy Nephew

Jennifer Noonan

Roger Parks
Sarah Phillips
Michelle Remsen
Karen Roche
Christopher Ryan
Vivian Santiago
Haley Schmidt
Rebecca Sperber
Jennifer Stephenson
Cheryl Straughter
Gina Sullivan

Northeast

Phoebe Adams
Adrienne Bonita
Jessica Cohen
Jessica Contarino
Jefferson Devia
Chris DiGiammarino
Rolf Flor
Lyndsey Gear
Christina Goodwin
Charlene Gormley
Holly Hemenway
Renee Hodgson

Stephania Jreige

Jessa Kane
Alba Mora
Michael Morse
Denise Pelland
Jessica Perrigo
Karen Strem
Jennifer Underwood
Emma Williams

Pioneer Valley

Kaisa Clark
Kelli Goodkowsky
Felice Kakley-Lomanno
Marissa Puntigam
Barry Seligman
Michelle Waddell
Shannon Wilks

Southeast

Peter Farley
Dannine James-Green
Robert Roderiques

Welcome!

LEADERS SOUGHT

NASW-MA CHAPTER'S 2011 ELECTED POSITIONS

Nominate a Colleague or Yourself
for the following positions:

(Candidates must be NASW members)

OFFICERS:

First Vice President (3 year term)

Secretary (3 year term)

BOARD OF DIRECTORS:

Central Region (3 year term)

Greater Boston Region (3 year term)

Northeast Region (3 year term)

BSW Student Representative (1 year term)

MSW Student Representative (1 year term)

NOMINATING COMMITTEE:

Central Region (2 year term)

Northeast Region (2 year term)

Pioneer Valley Region (2 year term)

BSW or MSW Student Representative (1 year term)

Send in your nomination using the coupon below by **October 31, 2010**
or go to www.naswma.org for more information and to nominate.

Mail to: NASW, 14 Beacon Street, #409, Boston, MA 02108

I nominate _____ for
position _____

Nominee Name: _____

Nominee Address: _____

Nominee Day Phone: _____

Nominee E-Mail: _____

Your Name: _____

Your Address: _____

Your Day Phone: _____

Your E-Mail: _____

Please Return Form by October 31, 2010

Book Review

Anatomy of an Epidemic
by Robert Whitaker

Reviewed by
Cathy A. Levin, BA, CPS, CAGS
COORDINATOR OF SPECIAL PROJECTS,
NATIONAL EMPOWERMENT CENTER

In *Anatomy of an Epidemic*, journalist Robert Whitaker investigates an important question for social workers. Why has the number of people on government disability due to psychiatric disorders skyrocketed in the past 20 years? The number of people on SSI and SSDI has risen from 1.25 million in 1987 to more than 4 million today. Whitaker asks whether our drug-based paradigm of care works or could it be fueling this epidemic.

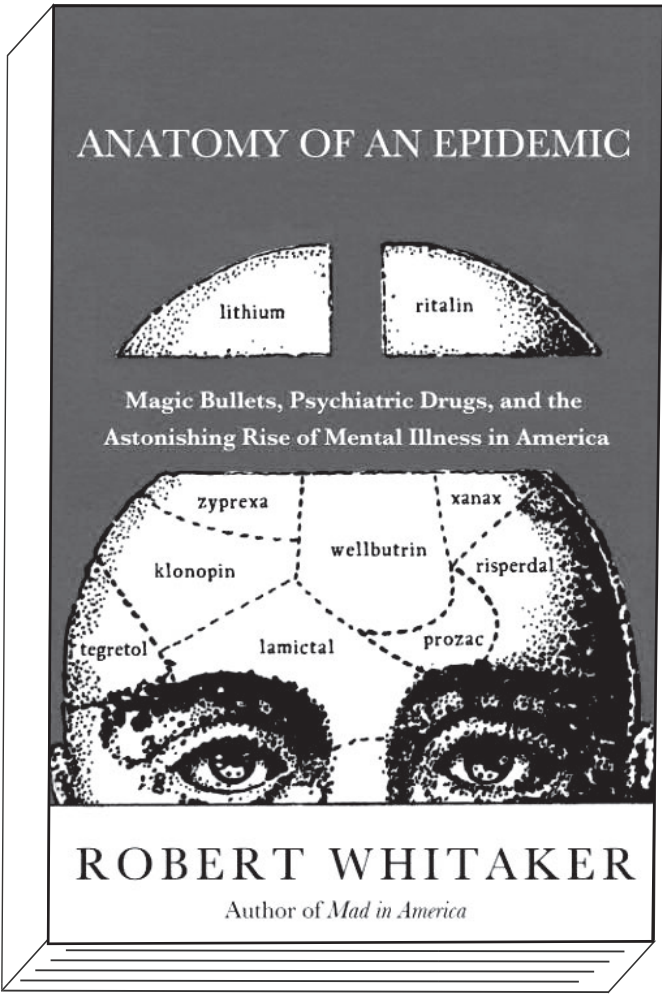
As he sets out to answer these questions, Whitaker notes that scientific studies show medication helps some people over the short term, and that there are people who stabilize very well on them. However, a meticulous review of the long-term outcomes literature shows evidence that psychiatric medications increase the likelihood that people will become chronically ill and disabled.

Whitaker’s is an important new perspective. The public has been led to believe that psychiatric medications fix “chemical imbalances” in the brain and can be likened to “insulin for diabetes.” However, Whitaker shows how mythological the “chemical imbalance” hypothesis is and how it was found *not* to be true in the 1980s. Today, biological causes of mental disorders remain unknown. Thus, the medications can’t be said to “fix” a chemical imbalance. Instead, the drugs work by interfering with neurotransmitter pathways in the brain. For some this is a blessing, but for others it adds a whole new level of disability with somnolence, obesity, diabetes and brain atrophy.

The public has also been led to

believe that people diagnosed with major psychiatric disorders need to take the drugs for life. But Whitaker discovers, deep in the scientific literature, one study after another disproving this common wisdom. For instance, a major NIMH-funded study of people diagnosed with schizophrenia reported in 2007 shows that at the end of 15 years, 40% of those off medication were in recovery, versus only 5% of those on medication. “Our data is overwhelming that not all schizophrenic patients need to be on antipsychotics all their lives,” said lead investigator Martin Harrow.

As for depression and bipolar illness—in the pre-drug era—these were considered episodic illnesses, and most people enjoyed pretty good long-term outcomes. Today, mood disorders run a much more chronic course, and functional outcomes—the percentage of people who are able to work and thrive long-term—have declined. The sharp rise in the number of disability is due in large part to a dramatic increase in the number of people with mood disorders. Why is such research not part of the mainstream discussion of clinical mental health care?



In the final section of the book, Whitaker reports on programs in Europe and the United States where psychiatric medications are being used more cautiously with success. For instance, in northern Finland, doctors do not immediately put first-episode psychotic patients on antipsychotics, but rather wait to see if they recover on their own. This part of Finland adopted this policy in 1992 and today 80% of their first-episode patients are either working or back in

school at the end of five years. Only one-third of the patients have been exposed to an antipsychotic during that period, and only 20% are maintained continuously on an antipsychotic. Similarly, in Britain, general practitioners are encouraged to “prescribe” exercise as a treatment for depression.

Social workers reading *Anatomy of an Epidemic* will gain a new skepticism on the merits of psychiatric medications, and will come out armed with strong arguments against their overuse. *Anatomy of an Epidemic* contains scientific research, interviews with experts, and engaging accounts of people struggling with psychiatric disorders, and trying to find a path—with or without medication—to recovery. Social workers will be able to contribute to an informed discussion on what can be done to stem the epidemic of disabling mental illness threatening to overtake children and adults in our society. And they will be better able to help their clients do well the long-term. Our society needs to rethink psychiatric care, and social workers need to be part of the discussion.

About the Reviewer:
Cathy A. Levin, BA, CPS, CAGS is a Certified Peer Specialist, and Coordinator of Special Projects at the National Empowerment Center. NEC is a patients’ rights group whose mission is to spread the word that recovery from mental illness is possible by educating peers, professionals, and the public about “what works” based on evidenced based practices. NEC is an entirely peer-run nonprofit. ❖

Anatomy of an Epidemic, by Robert Whitaker, Random House, ISBN: 978-0-307-45241-2 (0-307-45241-7) Hardcover, 416 pages, 2010 .

A MACRO Point of View

Stacie Hebert
NASW STUDENT INTERN

At Salem State College, the Practice II course first introduced me to “macro” social work. That semester Rebekah Gewirtz, Director of Government Relations and Political Action of the NASW MA Chapter visited our school and spoke about the Chapter’s legislative agenda—a short list of priority bills that NASW seeks to have enacted on behalf of social workers and our clients. I remember being astounded to hear that social workers are working with legislators at the State House and in coalition with other groups to pass these laws, and an idea started brewing in my mind that I might want to do this type of social work one day, too. I would like to share with you my journey toward a serious focus – what might even be a calling to macro social work.

One of the bills I was particularly interested in was: HB1728 *An Act Relative to Gender-Based Discrimination and Hate Crimes*. The Transgender Civil Rights bill would change state policy to put an end to discrimination in housing, employment, public facilities, and schools

Some issues are best tackled on a larger platform, to the benefit of many clients.

where transgender people experience routine discrimination and violence. NASW’s *Social Work Speaks* guide explains that discrimination is “damaging to the social, emotional, psychological, physical, and economic well-being of the affected individuals, as well as society as a whole.” This bill would go further to institute additional penalties to punish hate crimes against transgender people, as is common for certain populations based on race, religion, and sexual orientation in our state. Sadly, transgender people are the victims of a disproportionately high rate of hate crimes and, until this bill is passed, the state does not explicitly protect them as a group of people.

There is a heavy focus on micro or direct practice in our profession but not every challenge is an individual problem. Some issues are best tackled on a larger platform, to the benefit of many clients. A social worker might work with a transgender woman who is depressed and experiences constant harassment, is socially isolated, and was recently fired from her job. What if it were possible to outlaw the harassment and discrimination she has faced throughout her life? In macro practice,



Stacie Hebert

we can advocate and lobby to change social conditions and remove barriers so that our clients can achieve full social functioning and well-being.

There have been incredible opportunities in my placement at NASW MA, with my colleagues helping to frame my understanding of macro-level social work. I have learned a multitude of ways that social workers perform in today’s profession. For instance, I worked on a wide array of issues such as mental health parity, private practice, managed care advocacy, immigration, CORI reform, treatment versus incarceration alternatives, and single-payer health care. Fascinating as it is to learn about these aspects of social work, I also expanded my knowledge of the types of

work that are available to a practitioner. Even more importantly, I believe I am doing satisfying and meaningful work that will make a difference in the lives of thousands or more people simultaneously. And, that’s the exciting part of macro social work!

Stacie E. Hebert was a student intern in the NASW-MA Chapter office this summer. She is completing her first year as an MSW student at Salem State College School of Social Work. She received her undergraduate degree from the University of New Orleans and moved to Massachusetts for graduate school and to experience a change in culture. Stacie worked closely with the NASW-MA Governmental Relations Staff to develop her legislative advocacy skills. She was involved with the PACE Committee to select candidates for NASW endorsement, and the Private Practice SIG on issues of mental health parity and health care reform. She worked on behalf of immigration and education parity, the Transgender Civil Rights bill, the paid sick leave amendment, CORI reform, and single-payer health care. Stacie hopes to pursue macro social work practice in the areas of community organizing and coalition-building, research, mental health, and policy development. ❖

Annual School Social Work Conference

Not just for School Social Workers Anymore!

Friday, October 22, 2010

8:45 AM - 3:30 PM (Registration 8:00AM) *Lunch Included*

Hogan Campus Center, Holy Cross College
(Directions at www.naswma.org, click "calendar")

KEYNOTE (8:45–10:15AM)

The Way of Boys: Raising Healthy Boys in a Challenging and Complex World with Anthony Rao, PhD Founder of Behavioral Solutions in Lexington, MA and a National Consultant and Speaker for using behavior-cognitive therapy to help children without relying solely on medications. His book, *The Way of Boys: Raising Healthy Boys in a Challenging and Complex World*, was published in fall 2009 by HarperCollins.

AM WORKSHOPS (10:30AM-12:30PM)

- 1. Why Is Winning Everything? Competition, Sports, and Power in Boys** - Anthony Rao, PhD
- 2. What's Food Got To Do With It? Understanding Eating Disorders More Fully** - Amy Armstrong, LICSW, Clinical Director of the Multi-service Eating Disorder Association (MEDA)
- 3. Creating Safer Spaces for LGBTQ Youth in Schools** - Colby Berger, Ed.M., LCSW, Executive Director, Adoption & Foster Care Mentoring

LUNCHEON (12:30PM – Included in fee)

Special Video Showing of "This Could Be You: The Many Faces of Social Work" – A new resource for high school social workers and adjustment counselors introducing social work as a career choice.

PM WORKSHOPS (1:30-3:30PM)

- 1. Working Collaboratively with the Department of Children & Families (DCF): Information Every School Social Worker Must Know** - Pamela Rheume, MSW, Manager of Professional Development, MA Child Welfare Institute and Heather Meitner, MSW, Manager of Professional Development, MA Child Welfare Institute
- 2. Helping Students Cope with Grief and Loss** - Jennifer Kaplan Schreiber, LICSW, Private Practice Clinician, Newton-Wellesley Psychiatry, Ryan Loiselle, LICSW, Medical Social Worker, Merrimack Valley Hospice, and Cathy Spear, LICSW, Private Practice
- 3. Supporting Military Families and Children During Deployment** - Barbara Cox, LICSW, Expert on Military Family Issues, and Barbara Powers, Military & Family Life Consultant

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**Registrations postmarked ten business days or less prior to program date or at the door are at the regular rates. Add \$15 to fee.

10/22/2010
SSW CONF.

NASW MA CHAPTER STAFF

Welcome Julie Balasalle

The NASW-MA Chapter welcomes Julie Balasalle as the new Government Relations and Political Action Associate. She will be working on the legislative agenda, with PACE, as well as workplace safety and student loan forgiveness initiatives.

Julie writes: I am excited to utilize my diverse background in social work, the nonprofit world and politics to support NASW-MA's legislative agenda.

Public service has always been an important part of my life and it continues to guide me today. Following my college graduation in 2006, I completed a year of service as an AmeriCorps Massachusetts Promise Fellow in my hometown of Dorchester, MA and continue to serve as the co-chair of the Massachusetts Promise Fellowship's Advisory Board. Through this experience I became interested in youth development and worked at youth serving non-profits at different levels of administration to learn first hand what encompasses successful youth programming.

I received my MSW from Tulane University in 2009. During my time at Tulane, I served as the Student Government Association's President, so that I might continue to engage in policy-



Julie Balasalle

making and public service. Most recently, I worked as an in-home therapist to high need children and adolescents in New Orleans. In this position, I gained not only clinical skills but also a deeper interest in supporting social workers through larger systemic changes. It is for this reason that I am so dedicated to the governmental relations and policy-making efforts of NASW-MA Chapter.

I am excited to be back in Boston to work with NASW, and to enjoy Dunkin' Donuts coffee and live Red Sox games. ❖

"It is time to submit nominations for NASW Annual Awards. Recognizing individuals who have provided knowledge, skills, social action, advocacy and hope to our profession through their work is important. People do not seek recognition, but when it is received, it is heartening to know that someone noticed and believed what they have done and will do holds merit. Think about your colleagues and nominate someone you believe is deserving of a Chapter award."
– Robbie Tourse, 2010 Lifetime Achievement Award Recipient

Help Us Celebrate Excellence in Social Work!

Honor Someone You Admire!

Nominate someone for an NASW-MA Chapter Award to be presented at the...

2011 Annual Awards Celebration!

The next list of Honorees could include your Nominee!

I nominate _____
(Nominee name)
for

- ☐ GREATEST CONTRIBUTION TO SOCIAL WORK PRACTICE
- ☐ PUBLIC CITIZEN OF THE YEAR
- ☐ OUTSTANDING SOCIAL WORKER WITH 5 YEARS OR LESS EXPERIENCE
- ☐ LIFETIME ACHIEVEMENT AWARD
- ☐ GREATEST CONTRIBUTION TO SOCIAL WORK EDUCATION
- ☐ BEVERLY ROSS FLIEGEL SOCIAL POLICY AND CHANGE AWARD
- ☐ EMPLOYER OF THE YEAR

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Or nominate online at www.naswma.org, or email your nomination to chapter@naswma.org or fax to 617-227-9877.

My Name: _____

My Address _____

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Please submit nomination by October 31, 2010.

ONE PROFESSION...COUNTLESS POSSIBILITIES

Spotlight on: Dorothy Weitzman

Tireless, Effective Advocate & Organizer

Dorothy Weitzman, part-time faculty member of Boston College's Graduate School of Social Work, founder and chair of NASW's Criminal Justice Committee and one of the founders of Massachusetts' Criminal Justice Policy Coalition (CJPC.ORG), where she was recently honored for her work and dedication, has for many years been a strong social work voice for policy reform while she has simultaneously provided organizational vehicles for other advocates to work together towards policy and practice improvement.

Educated as a community organizer, Dorothy began her association with BC's GSSW in the mid-1970s, initially as project director to develop curriculum on a federally-funded child welfare grant. In the 1980s, she taught social systems and policy analysis courses and also coordinated field placements in community and social planning settings. She returned to working on developing curriculum in child welfare—this time with a focus on diversity and competency—in the first half of the 1990s. She has continued her professional relationship with the School; currently she is its faculty liaison to the Community Action Committee that engages students in social justice activities within the School.

Dorothy is not one to seek the limelight. She has no ego invested in what she does. But she has good ideas,



Dorothy Weitzman

a huge rolodex of key players and has provided countless others with the steady and reliable support they've needed to accomplish things. That support comes in many forms – researching, writing, editing newsletters; keeping the lists and doing the mailings. Both for NASW and for CJPC Dorothy has helped to organize many conferences, focusing on such matters as restorative justice, re-entry, the conflicts and contradictions for treating substance abuse within the criminal justice system, harm reduction, methadone,

treatment, policies concerning sex offenders and mental illness and criminal justice. These were often complicated conferences and were co-sponsored with many other groups, and she helped to frame their content as well as doing the logistical work (finding the venues, organizing the materials as well as the food). She never passed onto others what she could do herself, and she smoothed the way to implementation when the subject matter was controversial.

Dorothy's leadership within NASW-MA Chapter goes back to the early 1990s when she organized a child welfare committee and produced NASW's Yellow Pages for job seekers. But for nearly 20 years, the majority of her advocacy activities have been focused on criminal justice reform. Wanting to engage social workers more actively in these policies, Dorothy and her colleague, **Ros Winsor**, approached NASW about establishing an on-going Criminal Justice Committee, and it was instituted in 1996; she has headed it ever since, recently with co-chair **Cheryl Azza**. Among the Committee's recent activities have been active advocacy for CORI reform, a training session on the CORI laws and sealing CORI records, a workshop on juvenile justice at the April 2010 Symposium, and initiating a bail

fund for indigents.

The Criminal Justice Policy Coalition, composed of lawyers, academics, former prisoners and other interested advocates, serves as a coordinating body to share information and urge advocacy on important legislative initiatives. It dates back to 1996. Dorothy was intimately involved with that initiative from one of its earliest meetings, before the name was chosen. She served on its first executive committee and then served continuously on the board of CJPC until 2008. As if those two organizations in which she was so intimately involved were not enough, Dorothy has also been a stalwart member for many years of the Middlesex County Prison Coordinating Committee. Without her participation and steady support, it is certainly unclear that any of those organizations would still be here today.

Dorothy is a teacher and facilitator. She has taken as a mission educating social workers on justice problems and has expanded their horizons. As a true community organizer, she is a networker *par excellence* and makes it a point to keep up multiple relationships so she can facilitate connections. She has always recognized how important it is just to provide a place for people with like interests to meet in an atmosphere where people can bring their ideas for action and make common cause with others. ❖

► PROTEST RALLY *continued from page 2*

In addition, Senator Brown promised to help the unemployed and to stand up for Massachusetts families in these difficult times, but voted against the unemployment insurance extension. If the unemployment extension had not gone through it would have hurt unemployed families, our local economy, communities, and businesses.

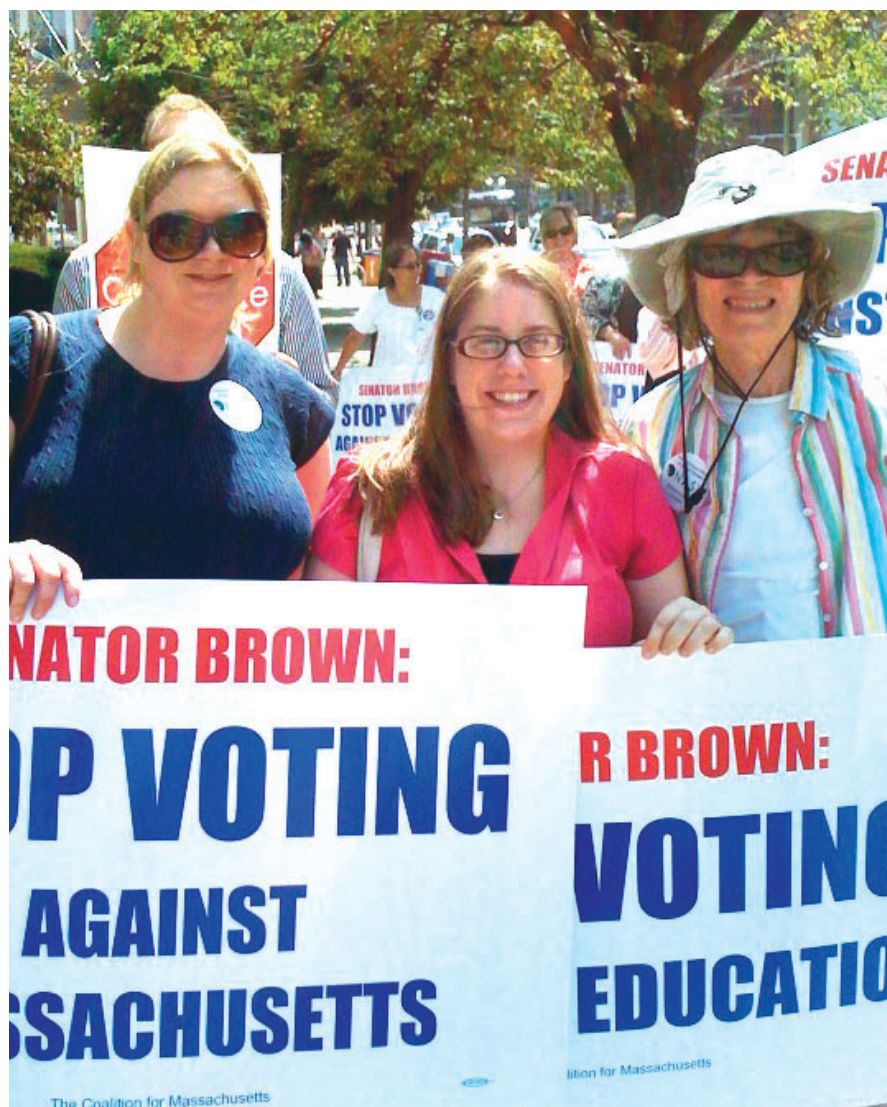
The Coalition for Massachusetts is made up of a variety of statewide advocacy groups, unions, and religious groups including: AFSCME Council 93, Coalition for Social Justice, Committee for Interns and Residents, SEIU, Community Labor United, Greater Boston Interfaith Organization, Greater Boston Labor Council, AFL-CIO, Health Care for All, The Grace Team, Massachusetts Association of 766 Approved Private Schools, Mass Home Care, Mass.

Interfaith Committee for Worker Justice, Mass. Jobs with Justice, Mass. Nurses Association, MIRA Coalition, Mass. Organization of State Engineers and Scientists, **National Association of Social Workers-MA Chapter**, Neighbor to Neighbor Mass, Rewarding Work Resources, Inc., SEIU 509, SEIU 615, 1199SEIU United Healthcare Workers East, Stavros Center for Independent Living, United Auto Workers Mass. State CAP Council.

If you have questions about FMAP or would like to get involved in NASW legislative advocacy, contact Rebekah Gewirtz at 617-227-9635 x12 or GEWIRTZ@NASWMA.ORG or Jim Chaplin, Chair of NASW's Legislative Advocacy Committee, at CHAPLINJAMES@HOTMAIL.COM ❖



(L-R) Fawn Phelps of Health Care for All, Harris Gruman of SEIU, and Rebekah Gewirtz, NASW Director of Government Relations and Political Action, participate in a rally at Senator Brown's office in support of \$600m in FMAP funding to the Commonwealth.



(L-R) NASW Members Melody Hugo; Julie Balasalle, NASW-MA Government Relations and Political Action Associate; and Dorothy Weitzman. [See tribute to Dorothy in the above article.]

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► **CLINICAL PRACTICE TODAY** *continued from page 3*

skills that keep all of us connected to our immediate environment are called into play among people playing MMORPG’s online.

One player in a World of Warcraft (WoW) group kept ‘disappearing’ from online, because his 4 year old daughter was repeatedly unplugging the computer. The third time he logged on that evening, the group urged him to log off and attend to her! At times, nearly anyone can get caught up in the excitement of the game and lose track of one’s priorities.

CPT: *If my client has never mentioned playing online games, should I ask about that the same way I ask about drinking, hobbies, or sleep habits?*

ML: The purpose of this article is to alert clinicians about an important new way to work with the material clients bring in, to acquire more of a shared language to understand their lives.

If and when you are comfortable entering the topic with clients, and given the commonness of online gaming nowadays, yes of course, you should ask—and if the subject does appear, explore! In doing workshops or consults on gaming, too often I hear a clinician say, “Oh I don’t know anything about gaming or technology.”

I do not think we can afford to be so dismissive any longer. We convey to our patients a willful disinterest, which can’t be good for the therapeutic alliance or our understanding of the client.

Both the editor and consultant for this column believe that becoming at least a little familiar with the growing phenomenon of MMORPG’s is an aspect of responsible practice.

CPT: *Can you give a few examples of ways to work with clients’ interest in MMORPG’s?*

ML: No matter what your psychodynamic or theoretical bent, if you become familiar with the ways the games are played, and familiarize yourself even briefly with the research available online, you’ll find something really useful to work with, with any gamer client. It’s a

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very rich vein to mine in treatment.

For the informed interviewer, there are lots of opportunities to learn about our client’s (possibly completely normal) self-esteem, object relations, creativity, sense of self-agency, and many similar aspects—all readily reflected in the client’s behavior and choices in the online game.

If you like ego psychology, for example, it could be useful to ask in what ‘class’ a WoW player enjoys the game. In WoW, the class of characters called ‘Mages’ take much less time to ‘level up’ [improve their status and powers] than ‘Paladins.’ So, if I learn that my client

enjoys playing as a Paladin, she is telling me something significant about her ability to delay gratification.

Whether a client creates characters in the Alliance or in the Hoarde (the two opposed factions of the WoW universe), may indicate various aspects of her self-image, or her desire to take risks and express the darker parts of her self.

From a self-psychology perspective, we can learn a lot about clients’ self-object needs from their choices in playing the game. Someone who ‘raids’ regularly may have needs, in self-psychology terms, for twinship. Someone who spends his time not in ‘raids’ but in gathering ‘achievements’ might be looking for mirroring (of his accomplishments).

And whether a player prefers to be in a guild, or to play solo and focus on quests and skills, also may tell us new things about his attachment style and needs.

Beyond assessment, using the metaphors of in-game experiences also can be very powerful with gamer clients. One couple I worked with, both gamers, was troubled by how quickly they could escalate into fights. We noticed that in conversation, the man might not recognize quickly enough when his wife would begin to get upset; his seeing that sooner might help them de-escalate their fight before it began.

Thanks to the couple’s familiarity with WoW, we were able to use the metaphor of the ‘rage timer,’ an onscreen feature in the game that indicates how much time is left before a monster’s level of aggression rises so far that it will become nearly impossible to kill. (In their marriage, their fight is the ‘monster.’)

The ‘rage timer’ metaphor helped them grasp the impact of their anxiety

on their communication, and brought to their relationship the same powers of observation that they use in the game—making them much more able to focus on their connection with each other, and limit conflict.

The challenge for the average therapist is the same with online gamers as it is sitting with any client whose background or life experience positions him or her as significantly culturally different from the therapist. How comfortable are you exploring and reflecting with a culturally-different client? Can you handle the defensive, diverse client who doesn’t want “to have to spend my therapy time teaching you” about his cultural perspective, so he can get good therapy?

Fortunately, while non-gamer therapists usually are uninformed about MMORPG’s, most gamer clients are pleased to discover the therapist who is even a little familiar with, and open to learning about, the world of online gaming. This meeting place may or may not turn out to be a significant avenue for deeper therapy work – but we will never know until we learn, and ask.

*Please don’t hesitate to email **Bet MacArthur**, LICSW the Editor at CPT, with your questions or comments, on this or any other clinical topic: ARENAGROUP@COMCAST.NET. Bet is a member of the NASW-MA Social Work Therapy Referral Service (SWTRS) and Private Practice Shared Interest Group. **Michael Langlois**, LICSW has a private practice in Cambridge MA; is Teaching Associate in Psychiatry at Harvard Medical School; and Lecturer at Boston College Graduate School of Social Work. Mike can be reached at MIKE@MIKELANGLOIS.COM ❖*

► **BALLOT QUESTIONS** *continued from page 1*

Question 2: Comprehensive Permits for Low or Moderate Income Housing (Chapter 4w0B) Repeal

The state’s Affordable Housing Law (Chapter 40B) helps make homes affordable to seniors and working families in Massachusetts. It is the primary statewide law that promotes the creation of affordable housing across the state. It has been responsible for 80% of the affordable housing created in Massachusetts over the past decade, outside the major cities.

The NASW Housing and Homelessness Shared Interest Group and NASW-MA Chapter have taken a strong stance in opposition to this question

A YES VOTE would repeal Chapter 40B.

A NO VOTE would make no change in the state law allowing issuance of such a comprehensive permit.

• **Question 3: Sales and Use Tax Rate Reduced to 3%**

This proposed law would reduce the state sales and use tax rates (which have been 6.25% as of September 2009) to 3% as of January 1, 2011. It would make the same reduction in the rate used to determine the amount to be

deposited with the state Commissioner of Revenue by non-resident building contractors as security for the payment of sales and use tax on tangible personal property used in carrying out their contracts.

NASW MA Chapter co-chaired the statewide coalition that worked to raise revenue in the Commonwealth to support our state budget and offset the yawning deficit that would have led to thousands more layoffs, increased pain for localities, and slashed services. Part of the package passed by the legislature in 2009 increased the sales tax from 5% to 6.25%. This is essential revenue that is critical to sustain our recovery. Passage of Question 3 would take \$2.5 Billion out of the state budget next year.

A YES VOTE would reduce the state sales and use tax rates to 3%.

A NO VOTE would make no change in the state sales and use tax rates.

For more information about the ballot questions contact **Rebekah Gewirtz**, Director of Government Relations and Political Action at 617-227-9635 ext. 12 or GEWIRTZ@NASWMA.ORG ❖

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Celilia Koester, M.Ed
Teacher/Educational Consultant; Author of *I Am the Child: Using Brain Gym*

A large number of patients suffer from various types of brain disorders including neurological and psychiatric illness, some of which have very limited long term prognoses with medications alone. There are more and more non-medication type treatment modalities that can be incorporated into mental health treatment such as occupational therapy to re-train cognitive and motor skills, speech therapy to modulate language and social interactions (as in Autism and Stroke) and cognitive behavioral therapy (CBT) in Obsessive Compulsive Disorder (OCD) or Anxiety Disorders. In addition, there is an increased number of therapists and other medical professional reaching out for mind body techniques like Yoga as a neuroscience modality of therapy to target various neural circuitry to modulate neuro-transmitter systems which ultimately change motor, cognition, perception, mood and behavioral symptoms. This workshop will discuss the basic structure and chemistry of the Central Nervous system and the effects of Yoga and exercise on neural pathways and neurotransmitters. Specific diagnoses and diseases such as Depression, Anxiety, PTSD, Parkinson’s Disease, Stroke, Head Injury, Fibromyalgia and drug addictions will also be targeted.

Learning Objectives:

Attendees will learn about the anatomy and chemistry of brain including various brain structures and the neurotransmitter system.

1. Participants will learn about various brain disorders and how to identify them.
2. Participants will learn specific yoga sequences pertaining specifically to each brain disorder and how the brain responds to said sequences.
3. Learning Brain Gym movement sequences pertaining to each brain disorder.
4. Learn how the brain responds to these Brain Gym and movement sequences.

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- Adult children and their aging parents: new needs, new conversations
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- Assessing and treating sexual behavior problems in children
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- Attention deficit disorders through the life cycle
- Basic principles of dialectical behavior therapy (DBT)
- Brief treatment for couples
- Burnout: survive and thrive
- Changing the cycle of anger
- Cognitive behavioral therapy with children and adolescents
- Complicated grief: psychotherapeutic interventions with international authority on grief and bereavement
- Compulsive hoarding
- Descent and return: understanding styles of coping with change and loss
- Dissociative phenomena in everyday life
- Domestic violence and the empowerment model
- Dream work in clinical practice
- Eating disorder treatment
- Eating disorders: treating adolescents and their families
- Elder caregiving: support for family and other caregivers
- Ethical dilemmas in managed care practice
- Ethics and risk management: protecting social workers and their clients
- Ethics and your social work practice
- Intervening with substance abusing adolescents: assessment and family strategies
- Mediation in social work and mental health counseling practice
- Minding your business: the essentials of private practice
- Motivational interviewing with substance abusing clients
- Outcome evaluation: what it is about and how to do it
- Personal & professional coaching (1 of 2)
- Personal & professional coaching (2 of 2)
- Postpartum mood and anxiety disorders
- Psychological trauma and therapeutic interventions
- Psychopharmacology for social workers and other mental health professionals
- Role of shame in marital conflicts
- Secrets in family therapy
- The recovery of love: treating couples in addiction
- The supervisory relationship
- Traumatic and sudden loss
- Trying to hit a moving target: the face of HIV / AIDS today
- Untangling blended family relationships: therapy with people who live in stepfamilies
- Walking on sacred ground: integrating spirituality into clinical practice

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- Group therapy for today's patients
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- Internet enabled addictions
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- Promoting the principles of successful aging in clinical practice
- Rebuilding after the affair
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- Introduction to solution focused brief treatment
- Issues in disability and chronic illness across the lifespan
- Moving beyond the comfort zone in psychotherapy
- Permanency in the child welfare system: a focus on adoption
- Psychic events in the lives of clinicians and clients
- Social work skills for organizing and leading task oriented groups
- Suicide: research and information
- The art and science of successful grant-writing
- The sleep improvement challenge for clinical social work practice
- The suicidal client: assessment and treatment considerations
- Transgender emergence: understanding diverse gender identities and expressions
- Understanding and treating overeating and overweight as clinical issues
- Understanding nonsuicidal self-injury
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Boston University, Boston

Friday, April 8, 2011, 9AM-4PM

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Saturday, April 23, 2011, 9AM-4PM

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